



SAHAYATA
TRUST



MONTHLY NEWSLETTER

EDUCATION
HEALTHCARE
SOCIAL WELFARE

MAY 2026

SAHAYATA TRUST NEWSLETTER

CONTENTS

About Sahayata Trust Objectives

EDUCATION INITIATIVES

Challenger ICF School, Ambboth Tanda

- Admission Campaign
- Challenger International School, Moinabad
- Basic and Spoken English Classes
- School Development and Admission Initiatives

Kingsdale High School, Hyderabad

- Academic Planning, Staff Development and Campus Preparation

Indo US Public School, Kishanbagh

- Summer Camp & Remedial Classes
- HydTalks Student Participation
- Kreedo Teacher Training Workshop
- SSC Student Felicitation
- Summer Camp Farewell
- Mom & Me Art Fiesta

Indo US Public School, Shaheen Nagar

- Academic Year Commencement for Grades IX & X
- Summer Camp 2026
- Teacher Pre-Work and Academic Preparation Programme
- Teacher Professional Development Training Programme
- Staff Orientation and Responsibility Training Programme

HEALTH INITIATIVES

Indo-US Hospital, Malakpet

- Advanced Surgical Care and Patient Recovery
- Nutrition Awareness Programme

Indo-US Multispeciality Hospital, Tolichowki

- Advanced Maternity and Women's Healthcare Services
- Life-Saving Emergency and Critical Care
- Free Women's Health Medical and Surgical Camp

RESIDENTIAL & COMMUNITY INITIATIVES

Challenger Home, Moinabad

- Empowering Dreams Through Education

Community Outreach

- Widow Support Initiative



ABOUT US

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for underserved populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

OBJECTIVES

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

To strengthen community outreach and create awareness about the school's academic excellence, Challenger ICF School conducted an extensive admission campaign across nearby towns and villages from 21 to 31 May 2026. Following a staff meeting and guidance from the Project Manager, teachers actively engaged with parents and prospective students by visiting residential areas and public gathering places. They shared information about the school's quality education, experienced faculty, modern teaching methods, co-curricular opportunities, and the institution's outstanding 100% SSC Board Examination results.

During the campaign, teachers also addressed queries related to admissions, curriculum, transportation, fee structure, and student welfare, fostering trust and confidence among community members. The initiative received an encouraging response and reinforced the school's commitment to expanding access to quality education. The campaign covered Anthampeta, Shivannaguda, Venkepally, Venkepally Tanda, Kudha Baksh Pally, Loyapally, Amboth Tanda, Sathi Tanda, Korravani Tanda, Bodakonda, and Yellamma Tanda.



Challenger International School Moinabad

Date: 25 April–25 May 2026

Title: Basic and Spoken English Classes

Challenger International School successfully conducted its Summer Basic and Spoken English Classes from 25 April to 25 May 2026. The Basic and Spoken English programme, organised for students of Grades 4 to 9, focused on enhancing English language proficiency, communication skills, and confidence through interactive board-based learning. Students actively participated in engaging activities that strengthened their listening, reading, and speaking abilities, making the programme a productive learning experience during the summer vacation.

Date: May 2026

Title: School Development and Admission Initiatives

During May 2026, the school also undertook several development initiatives, including repair and maintenance works, staff recruitment, campus upgrades, promotional activities, and admission drives. These efforts were aimed at improving the school environment, strengthening institutional capacity, and supporting enrolment for the upcoming academic session.

KINGSDALE HIGH SCHOOL

Hyderabad

Date: May 2026

Title: Academic Planning, Staff Development and Campus Preparation

During May 2026, Kingsdale High School undertook a series of academic, administrative, and developmental initiatives to ensure readiness for the new academic session. Teachers prepared comprehensive lesson plans, annual academic plans, classroom registers, welcome charts, and birthday charts to establish a well-organised and engaging learning environment. These activities strengthened classroom preparedness and supported effective academic planning for the year ahead.

In addition to academic preparation, the school focused on staff development, school administration, and campus maintenance to ensure the smooth functioning of the institution. These efforts enhanced operational efficiency, reinforced professional readiness among staff, and created a welcoming and well-maintained environment for students as they prepared to begin the new academic year.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 4–21 May 2026

Title: Summer Camp & Remedial Classes

The school conducted a Summer Camp alongside remedial classes, combining creative activities such as art, storytelling, games, and public speaking with academic revision and concept reinforcement. The programme enhanced students' creativity, confidence, communication skills, and learning outcomes.



Date: 9 May 2026

Title: HydTalks Student Participation

Students from Grades 9 and 10 represented the school at the Hyderabad Education Expo 2026 on the HydTalks platform, delivering speeches that showcased their communication and leadership skills.



Date: 18 May 2026

Title: Kreedo Teacher Training Workshop

A training workshop for pre-primary teachers focused on curriculum planning, lesson delivery, and effective classroom practices in preparation for the 2026–27 academic year.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 19 May 2026

Title: SSC Student Felicitation

Grade 10 students were honoured at the SSC 2026 Student Felicitation Ceremony organised by Sani Welfare Foundation, receiving medals and certificates for their academic achievements.



Date: 21 May 2026

Title: Summer Camp Farewell

The Summer Camp concluded with student performances, certificate distribution, gifts, and parent participation, celebrating students' achievements and the successful completion of the programme.



Date: 25 May 2026

Title: Mom & Me Art Fiesta

The school organised a parent-child art event featuring a drawing competition, student performances, and prize distribution, promoting creativity, family engagement, and collaborative learning.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 1 May 2026

Title: Academic Year Commencement for Grades IX & X

The academic year began for Grades IX and X with regular classroom instruction and project-based assignments that encouraged research, creativity, critical thinking, and practical learning.

Date: May 2026

Title: Summer Camp 2026

The school conducted a month-long Summer Camp for children aged 3–12 years, featuring language development, mathematics, creative arts, games, and adventure activities. The programme concluded with a farewell celebration showcasing students' talents.

Date: From 3 May 2026

Title: Teacher Pre-Work and Academic Preparation Programme

Teachers participated in academic planning activities, including lesson preparation, teaching methodologies, and resource organisation, ensuring readiness for the new academic session.

Date: 22 May 2026

Title: Teacher Professional Development Training Programme

A professional development programme enabled teachers to strengthen instructional practices, share innovative teaching strategies, and enhance classroom effectiveness through collaborative learning.

Date: 27 May 2026

Title: Staff Orientation and Responsibility Training Programme

The school organised an orientation programme for non-teaching and support staff, focusing on roles, responsibilities, teamwork, work ethics, and school policies to support the smooth functioning of the institution.

INDO-US HOSPITAL

Malakpet

Date: May 2026

Title: Advanced Surgical Care and Patient Recovery

During May 2026, Indo-US Hospital successfully managed several specialised surgical cases, including breast cancer surgery, congenital hydrocele correction, and laparoscopic cholecystectomy with hernioplasty. All patients recovered well and were discharged in stable condition with appropriate follow-up care, reflecting the expertise of the hospital's multidisciplinary surgical teams.

Date: May 2026

Title: Nutrition Awareness Programme

The Department of Dietetics organised a Nutrition Awareness Programme focusing on balanced nutrition, renal diet management, diabetes-related complications, and dehydration awareness. The initiative promoted healthy lifestyle practices and reinforced the hospital's commitment to preventive healthcare and community health education.

INDO-US HOSPITAL Tolichowki

Date: May 2026

Title: Advanced Maternity and Women's Healthcare Services

During May 2026, the hospital successfully managed specialised obstetric and gynaecological cases, including the safe delivery of healthy twins through LSCS and a minimally invasive vaginal hysterectomy. These procedures reflected the expertise of its obstetrics and gynaecology teams in delivering quality, patient-centred care.

Date: 12 May 2026

Title: Life-Saving Emergency and Critical Care

The emergency and critical care team successfully treated a 24-year-old trauma patient with a life-threatening neck injury. Prompt ICU care, emergency interventions, and intensive monitoring enabled a full recovery and discharge within three days.



Date: 14 May 2026

Title: Free Women's Health Medical and Surgical Camp

In collaboration with Ashraf Ul Madaris Educational Society and IMRC, the hospital organised a free women's health camp at the New Government Degree College for Women, Golconda. The camp provided consultations, specialist assessments, medicines, and health education while promoting awareness of women's health and preventive care.



CHALLENGER HOME

MOINABAD

Date: May 2026

Title: Empowering Dreams Through Education

Challenger Home continued to support students in pursuing quality education and achieving their academic and career aspirations.

- Phool Banu is pursuing the second year of MPC at Challenger Junior College after securing 462/470 in Intermediate First Year and aspires to become a pilot.
- Ruksar Parveen is pursuing Pharm.D at Global College of Pharmacy and is working towards becoming a Doctor of Pharmacy.
- Heena Banu is pursuing B.Com (Computer Applications) and plans to qualify as a Chartered Accountant.
- Ayesha Sultana is pursuing B.Com and aims to complete an MBA before becoming a Chartered Accountant.
- Zaheera Begum is studying B.Com (Computer Applications) and aspires to become a Chartered Accountant.
- Khasimbi is pursuing the second year of CEC and hopes to build a career as a lecturer.
- Nasreen is studying the second year of CEC and plans to pursue a career in law.
- Manha Begum is pursuing the first year of CEC and aims to become a Chartered Accountant.
- Nusrat Jahan completed her Bachelor of Commerce and is preparing to qualify as a Chartered Accountant.
- Hasena Begum qualified EAPCET and is pursuing B.Tech in Artificial Intelligence and Machine Learning, aspiring to become a Software Engineer

These achievements reflect Challenger Home's continued commitment to empowering young women through education, mentorship, and long-term support.

COMMUNITY OUTREACH

Hyderabad

Widow Support Initiative

In the month of May 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause, please visit:
<http://www.sahayatatrust.org/donate.php>

SCAN TO DONATE



CONTACT US

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