



SAHAYATA
TRUST



MONTHLY NEWSLETTER

**EDUCATION
SOCIAL WEFARE**

JULY 2026

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ABOUT US

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for underserved populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

OBJECTIVES

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

CHALLENGER ICF SCHOOL

Amboth Tanda, Hyderabad

Date: 13 July 2026

Title: National Deworming Day

Challenger ICF School observed National Deworming Day for students from Classes I to X as part of an important child health initiative. Deworming tablets were administered to eligible students under the guidance of a trained health worker and teachers. Teachers also spoke to students about personal hygiene, regular handwashing, wearing footwear, and consuming clean food and water. The activity combined preventive healthcare with practical awareness on maintaining good health and reducing the risk of intestinal worm infections.



Dates: 29–31 July 2026

Title: Formative Assessment-I Examinations

Formative Assessment-I examinations were conducted for students from LKG to Class X to assess their understanding of concepts covered during the initial part of the academic year. The assessments will help teachers identify students' strengths and areas requiring additional support. The results will also guide remedial learning and classroom interventions aimed at strengthening academic progress.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Date: From 1 July 2026
Title: Power-Up Assembly

Challenger International School introduced a daily exercise routine as part of its morning assembly. Students participate in stretching and simple physical exercises designed to promote fitness, coordination and concentration.

The initiative provides an active and refreshing start to the school day while encouraging students to incorporate physical well-being and discipline into their daily routine.



Date: 7 July 2026
Title: Food Sharing Activity

Students participated in a Food Sharing Activity centred on kindness, generosity and togetherness. Children brought healthy homemade snacks and shared them with their classmates in an engaging classroom setting.

The activity encouraged students to understand the value of sharing and mutual respect while also promoting healthy eating habits and positive peer interaction.



CHALLENGER INTERNATIONAL SCHOOL Moinabad

Dates: 29–31 July 2026

Title: Colours Day: Red, Yellow and Green

The Pre-Primary section celebrated Red, Yellow and Green Colours Day through a series of creative and interactive activities. Students dressed in the respective colours and participated in art and craft, storytelling, colour-identification exercises and classroom activities.

The celebration transformed colour recognition into an enjoyable learning experience while supporting creativity, observation and confidence among young learners.



Date: 30 July 2026

Title: Vanamahotsav Celebration

Students marked Vanamahotsav through a plantation activity on the school campus. Saplings were planted as teachers discussed the importance of trees, environmental conservation and ecological balance.

The activity encouraged students to connect environmental learning with practical action and develop greater responsibility towards protecting and nurturing nature.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 8 July 2026

Title: First Library Session

The school commenced its first library session of the academic year by introducing students to library routines, rules and the importance of regular reading. Students explored the library, selected books and participated in reading activities. The session encouraged reading habits while supporting vocabulary, comprehension and responsible handling of books. Close to 80 students participated.



Date: 11 July 2026

Title: Orientation Day

An Orientation Day was organised to introduce parents to the school's academic plans, learning practices, programmes and student development initiatives for the new academic year. Parents also interacted directly with the school team. The programme strengthened communication between parents and the school and encouraged greater parental involvement in children's learning and development.



INDO US PUBLIC SCHOOL

Kishanbagh

Date: 11 July 2026

Title: Shiksha Awards

Two teachers from Indo US Public School were recognised under the LEAD Shiksha Awards for their contribution to teaching and learning. Amina Teacher was recognised for regular subjects, while Mariya Teacher received recognition for her contribution to CCS.

Both teachers received certificates and medals. The recognition celebrated their commitment to students and encouraged continued excellence and innovation among the teaching team.



Date: 25 July 2026

Title: Orange Day Celebration

Around 60 students participated in an Orange Day celebration designed to make colour recognition interactive and enjoyable. Children wore orange outfits, brought orange-coloured objects from home and explored the colour through classroom activities.

The activity supported colour recognition, observation, vocabulary, creativity and communication while encouraging active participation among young learners.



KINGSDALE HIGH SCHOOL

Sultanpura

Date: July 2026

Title: Vanamahotsav Celebration

Students marked Vanamahotsav by bringing plants to school and preparing charts related to environmental awareness. The activity combined creative classroom work with a practical focus on the importance of greenery and environmental responsibility.

The celebration encouraged students to engage with environmental themes through both observation and participation.



Date: July 2026

Title: Student Chart-Making Activities

Students participated in chart-making exercises on educational and classroom themes, including the importance of education. The activity gave children an opportunity to communicate ideas visually while developing creativity and presentation skills.

Colourful student work was also used to enrich classroom displays and create a more engaging learning environment.



KINGSDALE HIGH SCHOOL

Sultanpura

Date: July 2026

Title: Rainy Season Learning Activity

Young students explored the theme of the rainy season through classroom activities featuring umbrellas, clouds, rainbows and monsoon-related concepts. The theme-based activity provided an enjoyable way for children to connect everyday seasonal experiences with classroom learning and creative expression.



Date: July 2026

Title: Deworming Awareness

Students were introduced to the importance of deworming and were informed about how worm infections may occur, particularly through contact with contaminated soil and unhygienic conditions during the monsoon season. The activity helped reinforce awareness of personal hygiene and preventive health practices among students.



Date: July 2026

Title: Smart Board Installation

A smart board was installed at Kingsdale High School to support more interactive classroom learning. The new digital resource is being used to introduce students to visual and multimedia-based educational content.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 3 July 2026 onwards

Title: FLN & YOC Baseline Assessment

Baseline assessments were conducted for primary-grade students participating in Foundational Literacy and Numeracy (FLN) and the Young Orators Club (YOC). The exercise assessed students' learning levels at the beginning of the academic year and helped identify areas requiring additional support. The findings enabled teachers to group students according to their learning needs and plan more targeted instruction throughout the year.



Date: 7 July 2026

Title: Van Mahotsav Celebration

Students from Grades VI to X celebrated Van Mahotsav through sapling plantation, chart and slogan preparation, and an environmental awareness campaign in the surrounding community. Trees were also planted within the school campus.

The activity encouraged students to understand the importance of tree plantation and adopt more environmentally responsible practices in their daily lives.



INDO US PUBLIC SCHOOL

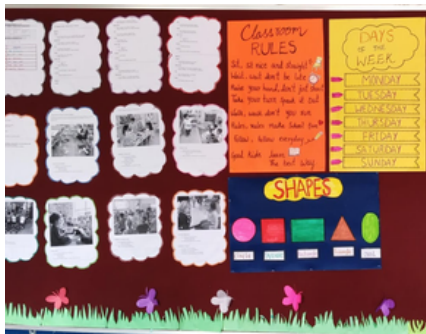
Shaheen Nagar

Date: July 2026

Title: Classroom Setup and Learning Environment

Teachers prepared classrooms for the new academic year by creating organised and engaging learning spaces. Classroom rules, learning goals, class monitors and monthly reward boards were displayed to establish clear expectations and encourage participation.

The initiative helped create a positive classroom culture while promoting responsibility, motivation and a sense of ownership among students.



Date: 16 July 2026

Title: Student Council Election Campaign

Students from Grades VII to IX participated in a two-to-three-day campaign ahead of the Student Council elections. Candidates presented their ideas to fellow students and demonstrated their communication and leadership abilities.

The exercise provided students with practical exposure to leadership, representation and democratic participation within the school community.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 17 July 2026

Title: Environment Student
Council Election

The school conducted elections for the positions of Head Boy, Head Girl, Deputy Head Boy and Deputy Head Girl. Students took part in the voting process, creating a practical opportunity to experience democratic decision-making.

The activity promoted responsibility, teamwork and active participation in school governance.



Date: 18 July 2026

Title: Kindergarten Parent
Orientation

A Parent Orientation Programme was organised for Kindergarten families to introduce the school's vision, curriculum, teaching methods and learning plans for the academic year. Parents interacted with school leadership and class teachers to understand how they could support their children's development.

The programme strengthened parent-school collaboration and clarified expectations for the year ahead.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 22 July 2026

Title: National Flag Adoption Day

Grade IX students presented a skit marking National Flag Adoption Day, tracing the history, significance and evolution of the Indian National Flag. The activity helped students better understand the significance of the national flag while reinforcing respect for national symbols and values.



Date: Throughout July 2026

Title: Staff Meetings and Academic Review

Regular staff meetings were held during July to review academic progress, coordinate school activities, plan for the FA-I examinations and identify areas requiring improvement. These reviews supported coordinated planning, timely decision-making and greater preparedness across the teaching and administrative teams.



Date: Throughout July 2026

Title: Kindergarten Classroom Activities

Kindergarten students participated in a variety of hands-on classroom activities throughout the month. The activities were designed to make foundational learning more interactive and enjoyable while encouraging children to participate actively in the classroom. The programme supported early learning skills through experiential and activity-based approaches.



INDO US PUBLIC SCHOOL

Shaheen Nagar

Date: 28–31 July 2026

Title: Formative Assessment-I

Formative Assessment-I was conducted across the school to evaluate students' understanding of concepts taught during the opening months of the academic year.

The assessments enabled teachers to identify strengths and learning gaps and provide more focused academic guidance where required.

Date: July 2026

Title: Best Student of the Month Awards

Students demonstrating strong academic performance, discipline and overall conduct were recognised through the school's Best Student of the Month initiative.

The July recognition honoured students for their performance during June. The initiative encouraged students to value consistent effort and positive conduct while motivating the wider student community to strive for improvement.

Date: End of July 2026

Title: Team Talent Spotlight

Three teachers were recognised through the school's Team Talent Spotlight initiative for their creativity, dedication and contribution to student learning. Rahmath Unnisa and Sabeeha Ishrath from the High School section and Muskan Begum from the Primary section received the recognition.

The initiative acknowledged staff contributions while encouraging professional growth and continued innovation in classroom practice.

CHALLENGER HOME

Moinabad

Date: 14 July 2026

Title: B.Com Examination Preparation

Degree students residing at Challenger Home focused on preparing for their B.Com examinations during July. The students continued their studies with determination, working towards strong academic performance and their individual educational goals.



Date: July 2026

Title: Student Academic Achievement

Nusrath Jahan, a final-year B.Com student residing at Challenger Home, successfully completed her degree examinations and is now preparing to pursue an MBA.

Candidate Details		Examination Details	
Roll No.	10000000000000000000	Examination Name	B.Com
Roll Name	Nusrath Jahan	Examination Date	2026-07-01
Roll Address	Challenger Home	Examination City	Moinabad
Roll Phone	9876543210	Examination State	Uttar Pradesh
Roll Email	nusrath.jahan@challengerhome.org	Examination Country	India
Roll Gender	Female	Examination Language	English
Roll Religion	Muslim	Examination Medium	English
Roll Education	B.Com	Examination Level	Final Year
Roll Status	Active	Examination Result	Pass
Roll Remark	This information is provided for the candidate's reference and is subject to change without notice.		

Date: July 2026

Title: Tree Plantation Initiative

Students at Challenger Home participated in a tree plantation activity aimed at promoting environmental awareness and care for the natural surroundings. Trees were planted within the premises as part of an effort to create a greener and healthier environment.

The activity also provided an opportunity to discuss the wider benefits of trees, including cleaner air, protection of soil and ecosystems, and their role in maintaining environmental balance.



COMMUNITY OUTREACH

Hyderabad

Widow Support Initiative

In the month of July 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.



CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause, please visit:
<https://www.sahayatatrust.org/donate.php>

SCAN TO DONATE



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