



SAHAYATA
TRUST



MONTHLY

NEWSLETTER

Education
Healthcare
Social Welfare

February 2026





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Sahayata Trust Newsletter

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About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

Challenger ICF School

Amboth Tanda, Hyderabad

Date: 4 February 2026

Title: Banking Awareness Program

A **Banking Awareness Program** was conducted at Challenger ICF School, Amboth Tanda, Hyderabad, for students of Classes V to X. The session was led by the Branch Manager of Telangana Grameen Bank, Loyapally, with the aim of building financial awareness among students.

The program introduced students to the basics of banking, including the functions of banks, types of

accounts, and the importance of saving habits. It also covered modern banking practices such as ATM usage, mobile banking, and digital payments like UPI, along with key safety measures for secure transactions. Through interactive discussions and real-life examples, students were encouraged to develop financial responsibility and understand the value of money from an early age.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 14 February 2026

Title: Amusement Tour
Ocean Park

An exciting **amusement trip to Ocean Park** was organized for students of Classes V to X at Challenger ICF School, Amboth Tanda, Hyderabad. The trip provided students with an opportunity to relax, bond, and learn beyond the classroom. The day began with an early morning journey, as students and teachers traveled together by bus. Upon arrival, students were delighted by the park's vibrant

atmosphere and well-maintained facilities.

The highlight of the trip was the wide range of activities, including thrilling rides, water games, and mechanical attractions, which the students thoroughly enjoyed. Throughout the visit, teachers ensured students' safety and maintained discipline.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 28 February 2026

Title: National Science Day

National Science Day was celebrated with great enthusiasm at Challenger ICF School, Amboth Tanda, Hyderabad, to promote scientific thinking and curiosity among students. The event marked the discovery of the Raman Effect by Sir C. V. Raman and highlighted the importance of science in everyday life.

The celebration began with a special assembly, where students delivered speeches and presentations on the role of science and the contributions of renowned scientists. These sessions encouraged students to develop a spirit of inquiry and a scientific mindset.

A key highlight of the day was a science exhibition, where students

showcased innovative models and experiments based on various scientific concepts. Teachers actively encouraged participation and motivated students to explore opportunities in scientific fields.



Challenger International School

Moinabad, Hyderabad

Date: 10 February 2026

Title: Farewell Celebration

Challenger International School, Moinabad, had a heartfelt **Farewell Party for Grade X students**. The farewell event was organized to bid warm goodbye to the outgoing Grade X students. Filled with emotions and appreciation, the celebration included cultural performances, speeches, and engaging activities. Teachers and junior students expressed their gratitude and extended their best wishes, making it a memorable occasion that celebrated the seniors' journey and achievements.



Date: 28 February 2026

Title: National Science Day

Challenger International School, Moinabad, celebrated **National Science Day** to promote scientific awareness and curiosity among students. The day commemorated the discovery of the Raman Effect by Sir C. V. Raman and highlighted the importance of science in everyday life. The celebration included activities such as painting competitions and discussions, encouraging students to think creatively and engage with scientific concepts. The event aimed to inspire curiosity and foster a scientific mindset among learners.



Indo-US Public School

Kishanbagh, Hyderabad

Date: 8 February 2026

Title: Grade 10 Motivational Session

Challenger STEM School, Kishanbagh, conducted an inspiring **Motivational Session** for Grade 10 students, focusing on future planning, goal setting, and self-belief. The session encouraged students to think ambitiously and work towards their aspirations with confidence. As part of the event, outstanding contributions were recognized, including Best Principal, Best Teacher, and Best Student awards.

Date: 14 February 2026

Title: Grade 10 Farewell Event

A heartfelt **Farewell Event** was held at Challenger STEM School, Kishanbagh, to celebrate the journey of Grade 10 students. The event was filled with emotions, appreciation, and best wishes for the students' future. Students were honored with certificates and gifts, while their speeches reflected confidence and gratitude. Teachers and staff extended their support and encouragement as students prepared for their next chapter.



Indo-US Public School Kishanbagh, Hyderabad

Date: February 2026

Title: Teacher of the Month - Recognition Program

As part of its ongoing **Teacher of the Month** initiative, Challenger STEM School, Kishanbagh, recognized outstanding faculty performance based on structured evaluation criteria. For January, Mr. Abdul Waris was awarded for his consistency, dedication, and professional excellence. The program promotes a culture of accountability, motivation, and continuous improvement among teachers.



Indo-US Public School Shaheen Nagar, Hyderabad

Date: 2 February 2026

Title: Exposure Visit by Mr. Aziz Jamaluddin

Indo US Public School, Shaheen Nagar, had the privilege of hosting an inspiring **exposure visit by Mr. Aziz Jamaluddin**. His interaction with students created a highly engaging and motivating environment.

was awarded for his consistency, dedication, and professional excellence. The program promotes a culture of accountability, motivation, and continuous improvement among teachers.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 2 February 2026

Title: Peer Learning Circle
Exposure Visit

The school team participated in a **Peer Learning Circle exposure visit** to St. Albert's School, Kishanbagh. The visit included observation of live classroom sessions and interaction with school leadership. Teachers gained insights into effective classroom practices and support systems for peer learning adoption. The experience helped in developing actionable strategies for implementation.



Date: 7 February 2026

Title: Staff Meeting Update

A **staff meeting** was conducted at Indo US Public School, Shaheen Nagar, to review syllabus progress and plan upcoming activities. Teachers discussed completion timelines and shared updates on key academic frameworks such as FL, YOC, and LAC classrooms. The session ensured alignment and clarity among staff members.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 7 February 2026

Title: Inter-School Speech Competition

Students from Classes VII to X participated in an **Inter-School Speech Competition** organized by SIO. The school proudly celebrated a Class VIII student securing the first prize for Best Speech, while other participants were awarded certificates. The event highlighted students' confidence and communication skills.



Date: 8 February 2026

Title: UQA Recognition

Indo US Public School, Shaheen Nagar, received recognition from UQA for **outstanding implementation and leadership**. School leaders were acknowledged for their strong leadership, and a teacher was honored as Best Teacher of the Academic Year. This achievement reflects the collective dedication of the school community.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 13 February 2026

Title: Parent Teacher Meeting (PTM-3)

The school successfully organized **PTM-3**, fostering meaningful interaction between parents and teachers. Discussions focused on student progress, goals, and overall development. Students were also recognized for achievements across various activities and competitions.



Date: 14 February 2026

Title: Food Fest 2026

Indo US Public School, Shaheen Nagar, celebrated its annual **Food Fest 2026** with great enthusiasm. Students showcased their creativity by preparing a variety of dishes and setting up engaging stalls. The event provided a platform for collaboration, communication, and celebration.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 12 February 2026

Title: Talents Exam
Achievement

Students from Indo US Public School, Shaheen Nagar, showcased commendable performance in the **Talents Exam** held at OS Junior and Degree College. During the award ceremony, the school topper was awarded a cash prize, while several other students received certificates for their achievements. The recognition marked a proud moment for the school community.

Date: 19 February 2026

Title: Mentor Visit and Classroom
Observations

A mentor visit was conducted during which classroom observations were carried out across different grades. Constructive feedback was provided to teachers on strengths and areas for improvement, helping enhance teaching practices and lesson planning.



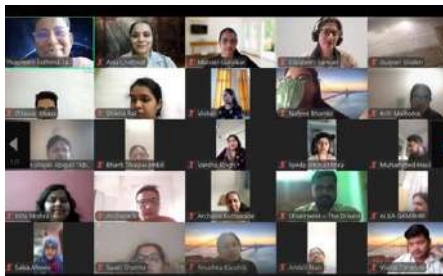
Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 26 February 2026

Title: Firki Teacher Development Program

Teachers from Indo US Public School, Shaheen Nagar, participated in the **Firki Teacher Development Program**, aimed at enhancing teaching practices and professional growth. The program introduced new perspectives and methodologies, and all participants successfully completed it with enthusiasm, receiving certificates of completion and excellence.



Kingsdale High School

Hyderabad

Date: 23rd–28th February 2026

Title: Formative Assessment – 4

Kingsdale High School conducted Formative Assessment–4 to evaluate student performance across subjects. The assessment aimed to track academic progress and identify areas for improvement. It benefited all students by providing structured feedback, ultimately helping enhance their performance and overall results.

Date: 14 February 2026

Title: Class X Farewell Party

A farewell party for the outgoing Class X batch was organized by Class IX students at Kingsdale High School. The event created a joyful and engaging atmosphere, encouraging student participation and interaction. It provided an opportunity for students to celebrate together, strengthening peer bonds and leaving the outgoing batch with positive memories.

Manchi Challenger School Hyderabad

Date: 31 Jan– 2 Feb, 2026

Title: Annual Sports Meet 2025–2026

The Annual Sports Meet was conducted with great enthusiasm, bringing together students across four houses—Aakash, Prithvi, Shaurya, and Dhairya. Students actively participated in various track

and field events, demonstrating discipline, teamwork, and sportsmanship. The event commenced with an opening ceremony and concluded successfully with vibrant participation.



Manchi Challenger School Hyderabad

Date: 04 February 2026

Title: World Cancer Day
Awareness Walk

Students actively participated in a Cancer Awareness Walk organized in collaboration with Chavan Hospitals on the occasion of World Cancer Day. Through placards and public engagement, students spread awareness about cancer prevention, early detection, and healthy lifestyles. Their involvement reflected a strong sense of social responsibility.



Date: 13 February 2026

Title: Science Teacher Training
Achievement

Four science teachers successfully completed an intensive training program on Experimental Sciences conducted by Science Academy, Hyderabad. The program emphasized experiential learning, hands-on practices, and innovative teaching methods. Teachers were awarded certificates upon completion. Overall, the initiative strengthened teaching practices and enhanced the quality of science education.



Manchi Challenger School Hyderabad

Date: 14 February 2026

Title: Annual Sports Meet
Closing Ceremony

The Closing Ceremony of the Annual Sports Meet celebrated the achievements of students in various competitions. Winners were honored with medals, certificates, and trophies in the presence of distinguished guests. The event recognized dedication, teamwork, and sporting excellence. Overall, the ceremony encouraged physical fitness and healthy competition, with Aakash and Prithvi Houses emerging as winners.



Date: 16 February 2026

Title: Pre-Primary Picnic
Sim & Sams Play Station

Students from Pre-Primary to Class III enjoyed a joyful picnic outing to Sim & Sams Play Station. The children participated in various activities and games, along with enjoying refreshments in a safe and well-organized environment.



Manchi Challenger School Hyderabad

Date: 18 February 2026

Title: Featured in The Hindu

The school's achievement in the TATA Essay Writing Competition was featured in The Hindu. Students won gold and silver medals, showcasing strong writing and analytical skills. This recognition highlighted the school's academic excellence and guidance.

Date: 23 February 2026

Title: IIT Olympiad Achievement

Students achieved outstanding success in the IIT Olympiad, securing both zonal and state ranks. They were felicitated with awards and certificates at Bharatiya Vidya Bhavan, Basheerbagh, bringing recognition to the school.



Manchi Challenger School Hyderabad

Date: 27-28 February 2026

Title: National Science Day
Celebrations

The school celebrated National Science Day through special assemblies and interactive activities. Students and teachers conducted experiments, model presentations, and discussions to demonstrate the relevance of science in everyday life. Live blood group testing was a key highlight.



Date: 28 February 2026

Title: Free Eye Check-Up Camp

Students achieved outstanding success in the IIT Olympiad, securing both zonal and state ranks. They were felicitated with awards and certificates at Bharatiya Vidya Bhavan, Basheerbagh, bringing recognition to the school.



Indo US Hospital

Malakpet, Hyderabad

Date: 7 February 2026

Title: Laparoscopic
Appendectomy

A 5-year-old patient was admitted to Indo US Hospital with symptoms of fever, nausea, and abdominal pain. Upon diagnosis, the condition was identified as an appendicular abscess. The patient underwent surgery under general anesthesia. Following the procedure, symptoms subsided significantly, and the patient's condition improved steadily.

Date: 17 February 2026

Title: Treatment for Traumatic
Hematoma

An 18-month-old child was brought to Indo US Hospital with swelling in the abdominal region. After clinical evaluation, the patient underwent an excision biopsy under short general anesthesia, and the sample was sent for further analysis. The child received appropriate treatment, including antibiotics and supportive care. The patient responded well to the treatment and showed consistent improvement.

Date: 18 February 2026

Title: Abdominal Hysterectomy

A 33-year-old patient visited Indo US Hospital with chronic pelvic pain. Medical investigations revealed uterine fibroids and a bulky uterus, for which an abdominal hysterectomy was recommended. The procedure was performed successfully, followed by close monitoring by the medical team. The patient showed steady improvement, with vital signs remaining stable throughout recovery.

Date: 27 February 2026

Title: Laparoscopic Appendectomy

At Indo US Hospital, Malakpet, a 12-year-old patient presented persistent lower abdominal pain. Following medical evaluation, the condition was diagnosed with appendicitis, and a **laparoscopic appendectomy** was advised. The surgery was carried out successfully by the medical team. Post-operative care ensured a smooth recovery, and the patient was discharged in stable condition.

Indo US Hospital Tolichowki, Hyderabad

Date: 6 February 2026

Title: Emergency Management of Prostatic Abscess with Septic Shock

At Indo US Hospital, Tolichowki, a critically ill patient presented with septic shock following a prior surgical procedure. He was immediately admitted to the ICU and managed with intensive care, including resuscitation, intravenous antibiotics, and organ support. Once stabilized, the patient underwent a successful incision and drainage procedure for a prostatic abscess. With timely intervention and careful perioperative management, his condition improved significantly.



Date: 12 February 2026

Title: Endoscopic ACL Repair

A young patient with a knee injury was treated at Indo US Hospital, Tolichowki, for an anterior cruciate ligament (ACL) tear. Following clinical evaluation, a **minimally invasive endoscopic ACL repair** was performed. The procedure was successful, supported by structured postoperative care. The patient showed rapid recovery, with early mobility from the first postoperative day.



Indo US Hospital

Tolichowki, Hyderabad

Date: February 2026

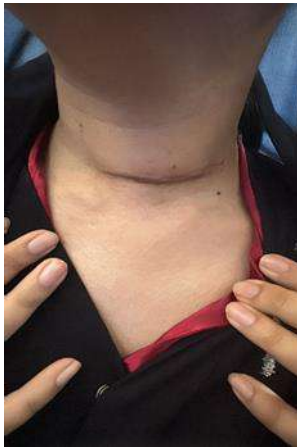
Title: Laparoscopic
Cholecystectomy

A patient suffering from long-standing abdominal pain due to gallbladder disease received timely care at Indo US Hospital, Tolichowki. Considering the patient's circumstances, the medical team facilitated a **laparoscopic cholecystectomy**, ensuring minimal surgical trauma. The procedure was conducted successfully with careful management. The minimally invasive approach enabled a quicker recovery and reduced hospital stay.

Date: 12 February 2026

Title: Hemithyroidectomy

A young patient diagnosed with a thyroid condition underwent a **hemithyroidectomy** at Indo US Hospital, Tolichowki. The procedure was planned with a focus on both medical effectiveness and cosmetic outcomes. The surgery was completed successfully using techniques that minimize visible scarring. Postoperative recovery was smooth, with no complications.



Challenger Home

Moinabad

Date: 20, 22 & 24 February 2026

Title: Academic Preparation

At Challenger Home, Moinabad (Girls Home), February was marked by a strong focus on academic commitment. Intermediate first-year students (MPC and CEC) dedicated themselves to preparing for their upcoming IPE examinations,

demonstrating discipline and determination to achieve strong academic outcomes. The supportive environment at the Home encouraged focused study, structured routines, and consistent effort during this crucial period.

Feeding Program

Hyderabad

The Sahayata Trust's feeding program alleviates hunger by providing cooked meals and essential groceries, ensuring no one goes without food.

Widow Support

On February 7, 2026, Sahayata Trust conducted a food aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies

were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,
please visit:
<http://www.sahayatatrust.org/donate.php>

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