



SAHAYATA
TRUST



MONTHLY

NEWSLETTER

Education
Healthcare
Social Welfare

March 2026





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Sahayata Trust Newsletter

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About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

Challenger ICF School

Amboth Tanda, Hyderabad

Date: 11 March 2026

Title: Class 10 Farewell

The Farewell Fest held on 11.03.2026 was an emotional and memorable event marking the send-off for Class X students. Organised by Class IX students and

staff, the programme featured cultural performances, heartfelt speeches, and student reflections expressing gratitude towards teachers and the school.



Challenger International School

Moinabad

Date: March 2026

Title: Comprehensive Revision Sessions

The school conducted comprehensive revision sessions for all classes during March in preparation for the annual examinations in April,

focusing on key topics, practice tests, and doubt clarification to strengthen student understanding and confidence.

Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Skill carnival – Young Orators Club (YOC) – FLN Program

The FLN session conducted under the Young Orators Club (YOC) at Indo US Public School, Kishanbagh, engaged students in Show and Tell and Picture Talk activities, enabling them to express ideas in their own

words. The session strengthened speaking, expression, and observation skills while building confidence in public communication, with approximately 60 parents in attendance.



Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Skill Carnival – Student Digital Skills & Creative Activities

The Skill Showcase session provided students with an opportunity to demonstrate their abilities across digital and creative domains, including typing tests, presentations, HTML, poster making, Scratch programming, and LibreOffice usage. The event strengthened

technical skills, creativity, and confidence in public presentation, with around 60 parents in attendance, and contributed to improved digital literacy, logical thinking, and overall self-expression among students.



Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Skill Carnival – Reading & Library Activities Showcase

The Surprise Saturday Library Session for March was conducted to strengthen students' reading fluency, comprehension, vocabulary, and confidence through activities such as paired reading, vocabulary tasks, quizzes, and interactive exercises. The session,

attended by approximately 60 parents, effectively enhanced students' reading abilities and expression while fostering engagement and recognising achievement through a structured badge ceremony.



Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Skill Carnival – Recognition & Achievements

Students demonstrating strong performance in library sessions were recognised with badges such as Reading Star, Super Reader, and Library Leader, based on their fluency, comprehension, and participation, while others received certificates for excellence in FLN

activities and classes. Attended by around 60 parents, the initiative boosted student confidence, reinforced motivation, and encouraged continued improvement in reading and communication skills.



Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Skill Carnival – Special Highlight – Lucky Draw Program

A special Lucky Draw Programme was organised for parents, offering prizes up to ₹5,000 for the first winner, along with second and third prizes, thereby adding excitement and engagement to the event. Attended by approximately 60

parents, the initiative enhanced participation, created a positive and memorable experience, and strengthened the relationship between the school and the parent community.



Indo-US Public School

Kishanbagh

Date: 28 March 2026

Title: Annual PTM – Pre-Primary Section

The Annual Parent-Teacher Meeting (PTM) for Pre-Primary students was successfully conducted to review each child's overall development, including learning, behaviour, participation, and skill progression. Attended by

approximately 60 parents, the meeting strengthened parent-teacher communication, enhanced understanding of student progress, increased parental involvement, and supported holistic child development.



Indo-US Public School

Shaheen Nagar

Date: 3 March 2026

Title: Admissions Planning for Academic Year 2026–2027

At Indo US Public School, Shaheen Nagar, structured planning for the academic year 2026–2027 was initiated by reviewing and refining admission processes, including updates to the fee structure, organisation of uniform sales, and

improved transparency. The school also developed clear communication strategies to effectively present its vision and strengthen parent engagement, resulting in better admission efficiency and overall academic preparedness.

Date: 3 March 2026

Title: Book Checking for Term II

A comprehensive book-checking process was conducted for Kindergarten and Primary grades to ensure completion of the Term II syllabus and revision work across subjects. This systematic evaluation

helped maintain academic standards, identify learning gaps, and strengthen revision practices, enabling timely academic support for students.

Date: March 2026

Title: Summative Assessment – Revision Practice

Students across all grades actively participated in revision sessions for the summative assessment, with regular practice tests conducted to strengthen conceptual understanding and improve performance. Teachers

guided students in revisiting key topics, which enhanced exam readiness, reinforced conceptual clarity, and boosted overall confidence.

Indo-US Public School

Shaheen Nagar

Date: 28 & 30 March 2026ch 2026

Title: Online Assessments – Foundational Literacy & Young Orators Club

Online assessments for Foundational Literacy and the Young Orators Club were conducted for students from Grades 3 to 8, with encouraging results as many progressed to higher

levels. The initiative strengthened literacy and communication skills, promoted continuous learning, and contributed to improved student performance.



Date: 28 & 30 March 2026ch 2026

Title: PP2 Graduation Day – Kindergarten

The PP2 Graduation Day was celebrated as a meaningful milestone, marking students' transition to primary school through rhymes, dances, and presentations.

The event fostered confidence among students and strengthened school-community engagement, creating a memorable experience for parents, teachers, and learners alike.



Manchi Challenger School

Hyderabad

Date: March 2026

Title: Special Assemblies & Learning Showcases | Throughout

Throughout March, Manchi Challenger School conducted a series of engaging special assemblies led by different grades and houses, covering themes such as Compass Directions, Attitude is Altitude, Indian Currency, Importance of Reading, National Safety Day, and My Voice, My Identity. Students

actively participated through presentations, performances, and creative expressions, demonstrating confidence and conceptual understanding. These assemblies strengthened communication skills, awareness, and value-based learning while fostering a positive and engaging school environment.



Manchi Challenger School Hyderabad



Manchi Challenger School

Hyderabad

Date: March 2026

Title: Academic Excellence – Grade 10 Preparation & Board Readiness

Focused practice tests and revision sessions were conducted for Grade 10 students to prepare them for board examinations. In addition, a special session by the principal guided students on OMR sheets,

answer presentation, and exam strategies. The distribution of SSC Hall Tickets marked an important milestone, motivating students to approach exams with confidence, clarity, and preparedness.



Manchi Challenger School

Hyderabad

Date: 13–15 March 2026

Title: Creative Learning & Student Engagement Activities

Students across grades participated in activities promoting imagination, creativity, and experiential learning. Grade VI students engaged in creative presentations, while pre-primary students explored crafts, sand play, and storytelling. Simultaneously,

primary and high school students participated in indoor and outdoor games along with physical fitness assessments. These activities enhanced creativity, physical fitness, teamwork, and overall student engagement.



Manchi Challenger School

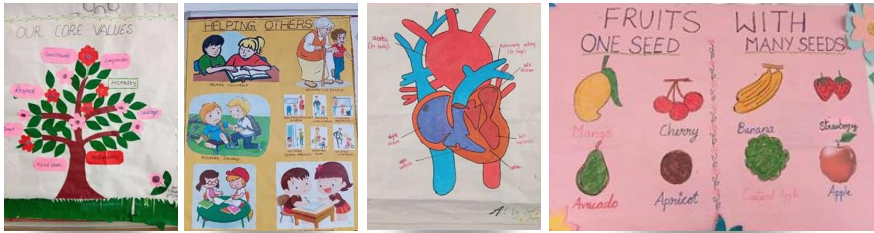
Hyderabad

Date: 14–15 March 2026

Title: Project-Based Learning & Presentations

Students from Primary and Middle School showcased their project work and chart presentations, reflecting research skills, creativity, and conceptual understanding. The

activity enhanced confidence, communication skills, and encouraged independent and collaborative learning among students.



Date: 16–24 March 2026

Title: Revision & Practice Sessions – Annual Exam Preparation

Structured revision and practice sessions were conducted across all grades—from Pre-Primary to High School—to prepare students for the Annual Exams (Summative Assessment II). These sessions

strengthened foundational concepts, improved retention, and enhanced exam readiness, ensuring students approached assessments with confidence.



Manchi Challenger School

Hyderabad

Date: 25–31 March 2026

Title: Annual Examinations – Summative Assessment II

The Annual Exams for Nursery to Class IX were conducted smoothly as per the scheduled timetable. Students appeared confidently, demonstrating their preparation

and understanding. The structured process ensured fairness, discipline, and successful completion of examinations.



Kingsdale High School

Hyderabad

Date: 2–9 March 2026

Title: Academic Preparation – Grade 10 Practice Papers

Practice papers were conducted for Grade 10 students to assess their performance and enhance their readiness for the upcoming board examinations. These sessions enabled students to

identify areas of improvement, strengthen their understanding, and build confidence. The initiative contributed to improved academic performance and better preparedness for exams.

Date: March 2026

Title: Revision & Exam Readiness – SA-II Preparation

Revision sessions for SA-II examinations were conducted from the second week of March onwards to support students in their exam preparation. These structured sessions helped

reinforce key concepts, improve retention, and ensure better performance in the examinations. The initiative strengthened students' confidence and contributed to improved academic outcomes.

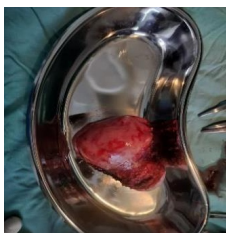
Indo-US Hospital

Malakpet

Date: 4 March 2026

Title: Total Laparoscopic Hysterectomy with Right Sided Salpingo-oophorectomy

A total laparoscopic hysterectomy with right-sided salpingo-oophorectomy was performed on a 52-year-old patient, Mrs Ishrath Begum, who presented with post-menopausal bleeding and a history of Type II diabetes mellitus, hypertension, and hypothyroidism. Following clinical evaluation, she was diagnosed with dysfunctional uterine bleeding, and the procedure was successfully completed. The patient showed good post-operative recovery with improved oral intake and reduced pain and was discharged in stable condition with follow-up advice. One beneficiary received care through this intervention, and the outcome was satisfactory.



Date: 5 March 2026

Title: Tonsillectomy Surgery

A tonsillectomy was performed on a 38-year-old patient, Mrs Muskan Begum, who presented with recurrent throat pain, difficulty in swallowing, and chronic tonsillitis. Following clinical evaluation, the procedure was carried out under medical supervision, with post-operative care including medication and monitoring. The patient showed good recovery with improved oral intake and reduced pain, and was discharged in stable condition with follow-up advice. One beneficiary received care through this intervention, and the outcome was satisfactory.



Challenger Home

Moinabad

Date: 13 March 2026

Title: Academic Focus – Examination Preparation Support

As the Grade 10 board examinations were underway, students at Challenger Home actively engaged in focused preparation and revision to perform to the best of their abilities. The environment was structured to support disciplined study routines, enabling students to dedicate time to revising key subjects, practising important questions, and strengthening their conceptual understanding.

Guidance and encouragement from the wardens and staff played an important role in maintaining motivation and reducing exam-related stress. Students demonstrated commitment, determination, and a strong sense of responsibility towards their academic goals. The initiative fostered confidence, improved time management, and reinforced a positive approach towards examinations, supporting students in striving for successful outcomes.



Community Outreach

Hyderabad

Widow Support

Date: 13 March 2026

Title: Widow Support

In the month of March 2026, Sahayata Trust conducted an aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.



CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,
please visit:
<http://www.sahayatatrust.org/donate.php>

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