



SAHAYATA
TRUST



MONTHLY

NEWSLETTER

Education
Healthcare
Social Welfare

October 2025





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T R U S T



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Sahayata Trust Newsletter

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About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

Challenger ICF School

Amboth Tanda, Hyderabad

Date: 17 October 2025

Title: Best Principal Award

Mr. N. Sreenivasulu, Headmaster of Challenger ICF School, received the Best Headmaster Award from the Mandal Education Officer (MEO) Ramdas and Mandal Revenue Officer (MRO) V. V. Prasad of Manchal Mandal. The award recognised his dedication, leadership, and commitment to improving academic standards and

school administration. The honour also reflected the school's strong performance at the Mandal and district levels. The recognition highlighted the school's commitment to quality education and inspired both teachers and students to continue striving for academic excellence and leadership in the community.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 30 October 2025

Title: Traffic Awareness Program

A Traffic Awareness Program was conducted at the school by the Telangana Traffic Police to educate students about road safety and traffic rules. Officers explained the importance of obeying traffic signals, wearing helmets, using seat belts, safe road crossing, and avoiding mobile phone use while driving. The session also included

demonstrations of traffic signs and interactive discussions with students. The program improved students' awareness of road safety and responsible behaviour on public roads. It encouraged them to practice safe habits and share this knowledge with their families, promoting responsible citizenship and safer communities.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 03 October 2025

Title: Monthly Rewards to Students

Monthly Rewards to Students were awarded on 3 October 2025 to recognise learners demonstrating strong performance, punctuality, and discipline. Students across all grades were appreciated with small stationery gifts as a token of

encouragement, reinforcing positive behaviour and consistent effort. The initiative contributed to increased motivation and confidence, encouraged discipline, and promoted healthy academic competition within the school.



Date: 13 October 2025

Title: No Bag Day

No Bag Day was observed on 13 October 2025 to provide students with a relaxed and engaging learning environment following examinations. Students across all classes participated in a range of activities, including games, creative

tasks, and interactive sessions conducted by teachers. The initiative helped reduce academic stress, promoted joyful learning, and encouraged creativity and active participation among students.

Challenger Home

Moinabad

Sahayata Trust's Challenger Home in Moinabad, Hyderabad supports underprivileged girls with housing, education, and essential aid, including medical care and groceries, while also assisting elderly homes.

Date: 21 October 2025

Title: Essay Writing and Drawing Competition

Children from Challenger Home participated in an essay writing and drawing competition organised by government authorities. The activity encouraged the children to express their ideas and creativity through writing and art while engaging with

other participants. The competition helped the children develop new ideas, improve their creativity, and gain knowledge through active participation. It also encouraged confidence and self-expression among the participants.



Community Support

Hyderabad

The Sahayata Trust's community support program alleviates hunger by providing cooked meals and essential groceries, ensuring no one goes without food.

Date: 9 October 2025

Title: Widow Support Initiative

Sahayata Trust conducted a food aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure beneficiaries

had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

Indo US Hospital Tolichowki, Hyderabad

Date: 29–30 October 2025

Title: Free health camp

Free medical camps were conducted on 28, 29, and 30 October 2025 at Al Falah International School, providing outreach healthcare services to the local community. The initiative

focused on improving access to basic medical consultations, screenings, and awareness, while strengthening community engagement through continued follow-up and support.



Indo US Hospital

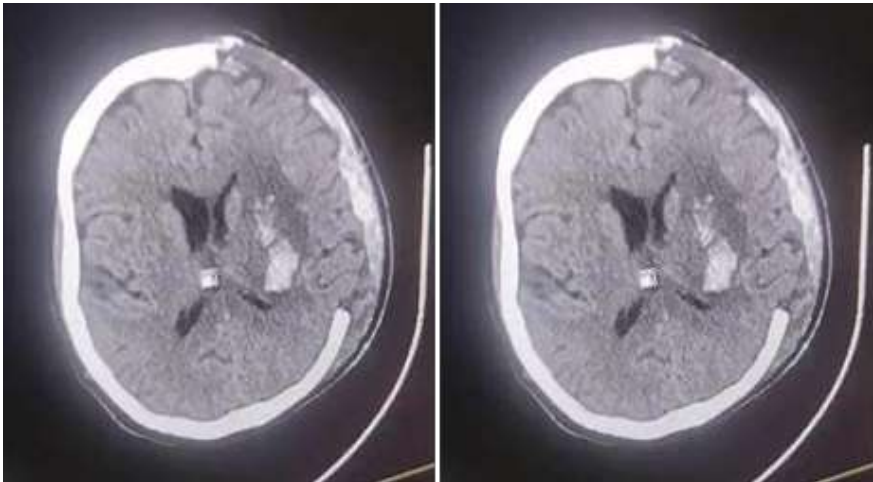
Malakpet, Hyderabad

Date: 29 October 2025

Title: Laminectomy Case Study

A laminectomy was performed on 29 October 2025 on a 38-year-old female patient presenting with six months of lower limb numbness and severe difficulty in walking. Following clinical evaluation, she was diagnosed with a condition requiring L4-L5 laminectomy, which was undertaken after prior

consultations at multiple hospitals. The surgery was successfully completed, and the patient showed significant post-operative improvement with restored mobility. One beneficiary received care through this procedure, and the overall outcome was satisfactory.



CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,
please visit:
<http://www.sahayatatrust.org/donate.php>

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-  Instagram: <https://www.instagram.com/sahayatatrust/>
-  Facebook: <https://www.facebook.com/sahayata.trust>
-  X (formerly Twitter): x.com/sahayata_trust
-  Email: info@sahayatatrust.org
-  Phone Number: 040-23535975/ +91 8121795975
-  Website: www.sahayatatrust.org
-  Address: #10-3-303, Serene Heights, 603, 6th Floor,
Humayun Nagar, Telangana, Hyderabad-500028