



SAHAYATA  
TRUST



MONTHLY

NEWSLETTER

Education  
Healthcare  
Social Welfare

September 2025







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T R U S T



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# Sahayata Trust Newsletter

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## About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

## Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

# Challenger ICF School

## Amboth Tanda, Hyderabad

**Date:** 10 September, 2025

**Title:** Teacher's Day Celebration

Teachers' Day was celebrated at Challenger ICF School, Amboth Tanda, with great enthusiasm. The programme honoured teachers for their dedication and remembered Sarvepalli Radhakrishnan, whose birth anniversary is observed as Teachers' Day in India.

Students organised speeches, songs, dances, and activities to express their appreciation for their teachers. The celebration strengthened the teacher-student relationship, encouraged teamwork and confidence among students, and created a positive and joyful school atmosphere.



# Challenger ICF School

## Amboth Tanda, Hyderabad

**Date:** 15 September, 2025

**Title:** Parent-Teacher Meeting (PTM)

A Parent-Teacher Meeting was organised for students from Nursery to Class X, where around 110 parents interacted with subject and class teachers. Teachers discussed students' academic performance, participation in activities, behaviour, and areas that needed improvement. Parents also had the opportunity to ask questions and receive guidance on

supporting their children's learning at home. The meeting strengthened communication between parents and teachers and helped identify learning gaps and ways to support students' progress. It also encouraged greater parental involvement and built a stronger school-home partnership for the overall development of students.



# Challenger ICF School

## Amboth Tanda, Hyderabad

**Date:** 20 September, 2025

**Title:** Bathukamma Celebrations

Students and staff celebrated the traditional Bathukamma festival with enthusiasm at the school. Seasonal flowers such as gunugu (Celosia argentea), tangedu (Senna auriculata), and marigold were used to create colorful Bathukamma arrangements. Students participated in traditional songs and dances, celebrating the cultural heritage of Telangana, and learning about the importance of nature and local traditions. The celebration promoted cultural awareness and respect for nature among students.



It also encouraged creativity, teamwork, and confidence while helping children connect with local traditions, music, and community values.



# Challenger ICF School

## Moinabad, Hyderabad

**Date:** 05 September, 2025

**Title:** Teachers' Day Celebration

Teacher's Day was observed on 5 September 2025 at Challenger International School, Moinabad. Students expressed respect and gratitude towards their teachers through performances and messages, acknowledging their dedication and contribution to education. The celebration provided an opportunity for students to recognise the role of teachers in shaping learning, values, and personal development.



**Date:** 08 September, 2025

**Title:** Nutrition Day

Nutrition Day was observed to raise awareness about healthy eating habits and the importance of balanced nutrition. Through discussions and activities, students learned about the role of a balanced diet in supporting physical health, mental well-being, and overall growth.



# Kingsdale High School

## Sultanpura, Hyderabad

**Date:** 05 September, 2025

**Title:** Teachers' Day Celebration

Teachers' Day was celebrated with enthusiasm as students took on the role of teachers and conducted activities for the staff. The programme honoured the contributions of educators and marked the birth anniversary of Sarvepalli Radhakrishnan. Students also presented small gifts to the teachers as a token of appreciation.

The activity helped students understand the importance of teachers and their role in shaping society, while creating a joyful and



society, while creating a joyful and engaging experience for the teachers as well.



# Kingsdale High School

## Sultanpura, Hyderabad

**Date:** 13 September, 2025

**Title:** Badge Ceremony & Prize Distribution

A Badge Ceremony was organised to appoint student leaders, including the Head Boy, Head Girl, captains, and class leaders. The selected students were formally given badges to recognise their responsibilities. Prizes were also distributed to students for their achievements in various extracurricular activities.

The event encouraged leadership and responsibility among students. The prize distribution motivated them to participate actively in activities and helped build confidence, teamwork, and a healthy competitive spirit.



# Indo-US Public School

## Kishanbagh, Hyderabad

**Date:** 20 September, 2025

**Title:** Student-Led Conference (SLC-01)  
*Academic Innovation Showcase*

The Student-Led Conference (SLC-01) – Academic Innovation Showcase was held on 20 September 2025, transforming classrooms into interactive presentation spaces where students demonstrated learning across Science, Mathematics, Technology, Social Studies, and Languages. Projects included AI-based rain, smoke, and fire sensors, Scratch programming,

Canva design work, GST case studies, and advanced mathematical concepts. The event was attended by nearly 100 parents and participating students, receiving highly positive feedback. It strengthened students' communication and presentation skills, reinforced experiential learning, and deepened parent engagement in the academic process.



# Indo-US Public School

## Kishanbagh, Hyderabad

**Date:** 13 September 2025

**Title:** Student Leadership & Library Star Recognition Ceremony

The Student Leadership and Library Star Recognition Ceremony was held on 13 September 2025 to honour students demonstrating leadership, responsibility, and academic engagement. Leadership badges were awarded to student leaders in recognition of initiative and accountability, while Library Star Reader Awards recognised students for reading fluency, consistency, and

academic discipline. A total of 15 students were recognised through the programme, which promoted a culture of leadership, strengthened reading habits, and reinforced merit-based recognition within the school community.



# Challenger Home

## Hyderabad

Sahayata Trust's Challenger Home in Moinabad, Hyderabad supports underprivileged girls with housing, education, and essential aid, including medical care and groceries, while also assisting elderly homes.

**Date:** 13 September 2025

**Title:** Teachers' Day Celebration

Teachers' Day was celebrated on 5 September to honour the birth anniversary of Sarvepalli Radhakrishnan. At the Challenger Home, the children marked the occasion through a special activity where they dressed in sarees and took on the role of teachers for a day. The students enthusiastically conducted small teaching sessions and activities, experiencing what

it feels like to guide and support others in learning.

The celebration helped acknowledge the dedication and hard work of teachers. It also strengthened the bond between teachers and students by encouraging appreciation, empathy, and mutual respect.



# Challenger Home

## Hyderabad

### Feeding Program

The Sahayata Trust's feeding program alleviates hunger by providing cooked meals and essential groceries, ensuring no one goes without food.

**Date:** 10 September 2025

**Title:** Widow Support

On September 10, 2025, Sahayata Trust conducted a food aid drive across multiple locations to support more than 100 economically vulnerable individuals, particularly widows. Essential ration kits containing basic food supplies were distributed to ensure

beneficiaries had access to adequate nutrition. This initiative helped address food insecurity and provided much-needed relief to underprivileged households, contributing to their daily sustenance and well-being.

# Indo-US Hospital

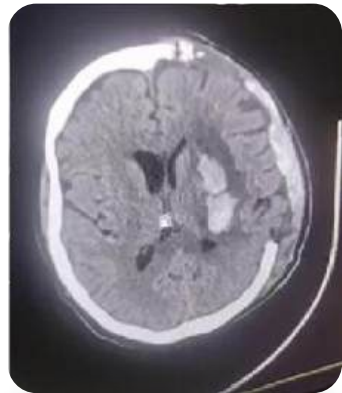
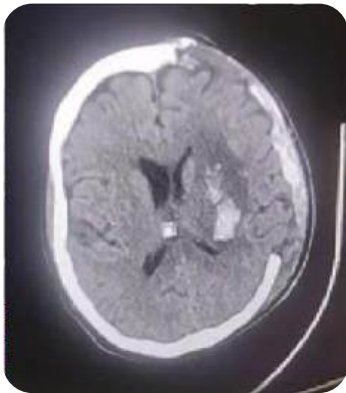
## Malakpet

**Date:** 10 September 2025

**Title:** Craniotomy Surgery

A craniotomy surgery was performed on 10 September 2025 following the admission of a 42-year-old patient, Uzma, who arrived at the hospital in an unconscious state after a fall at home. Clinical examination revealed critically high blood pressure, and a CT scan of the brain confirmed a left intracranial bleed. An emergency craniotomy was

undertaken to manage the condition. The procedure was successfully completed, and the intervention ensured timely treatment for the patient. One beneficiary received care through this surgical procedure.



# Indo-US Hospital Tolichowki

**Date:** 23, 24, & 30 September 2025

**Title:** Free medical camp

Three free medical camps were conducted between 23 and 30 September 2025 at Al Khair Society, Hakeempet Kunta, and D-Mart, Shaikpet, providing consultations in General Medicine and Ophthalmology. The camps focused on expanding access to healthcare for underserved communities through general health check-ups, eye screenings, preventive care awareness, and referrals for further treatment.

A total of 254 patients benefited from the initiatives, with multiple cataract and pterygium surgery cases identified and several referrals generated for medical procedures. The outreach also enabled follow-up registrations for treatment, including one international patient referred for further investigations, and received strong community participation despite weather-related challenges.





## CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,  
please visit:  
<http://www.sahayatatrust.org/donate.php>

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