



SAHAYATA
TRUST



MONTHLY

NEWSLETTER

Education
Healthcare
Social Welfare

January 2026





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Sahayata Trust Newsletter

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About Us

The Sahayata Trust, guided by visionary leadership and supported by a dedicated team of volunteers across India, strives to create meaningful change in people's lives. We work to empower marginalised individuals by helping them access quality education, enabling them to become healthy and active contributors to society, and ensuring they can participate in decisions that affect their lives, alongside living and working with dignity.

To support this mission, Sahayata Trust has established educational institutions and healthcare facilities for under-served populations. In addition, we run a variety of programmes that address immediate needs, such as meal distribution, ration support, winter relief, and assistance for orphans, widows, and those facing urgent emergencies.

Objectives

- To provide relief aid to victims of natural disasters
- To improve education and health levels among Indian citizens living below the poverty line
- To provide opportunities for economic development through training, finance, and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment, and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

Challenger ICF School

Amboth Tanda, Hyderabad

Date: 2 January 2026

Title: New Year Celebrations

Challenger ICF School celebrated New Year with enthusiasm and joy through a series of interactive and cultural activities involving students from Nursery to Class X. The school campus was decorated with balloons, flowers, and banners, creating a festive environment for students and staff members. Students participated in cake-cutting celebrations, exchanged greeting cards, and shared New Year resolutions focused on positive habits, kindness, and academic improvement. The programme promoted happiness, motivation, and a positive beginning to the new academic year.



Date: 3 January 2026

Title: Self-Government Day

Challenger ICF School organised Self-Government Day as an engaging leadership and experiential learning activity for students of Classes IX and X. Students took on the roles of teachers, administrative officials, and institutional representatives, including positions such as CEO, Project Manager, MEO, and DEO. The initiative encouraged active student participation and provided practical exposure to school administration, leadership responsibilities, and public communication, while enhancing confidence and organisational understanding among students.



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 26 January 2026

Title: Rangavalli Programme

Challenger ICF School celebrated Republic Day with patriotism and enthusiasm through a series of cultural and ceremonial activities. The programme commenced with a Prabhat Pheri followed by the hoisting of the National Flag in the presence of chief guests, including local community representatives and institutional officials. Students participated in march-past



Date: 21-22 January 2026

Title: Volleyball Tournament

performances, patriotic songs, speeches, dances, and cultural presentations highlighting constitutional values, national unity, and the contributions of freedom fighters. The celebrations concluded with prize distribution for sports activities and the distribution of sweets and bananas among students



Challenger ICF School

Amboth Tanda, Hyderabad

Date: 26 January 2026

Title: Republic Day Celebrations

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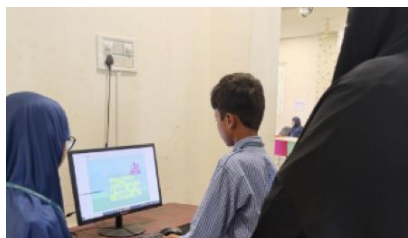
Indo-US Public School

Kishanbagh, Hyderabad

Date: January 2026

Title: Student-Led Conference-2

Challenger STEM School, Kishanbagh organised the Student-Led Conference (SLC-2) as part of its January academic activities, encouraging students to take active ownership of their learning. Primary students confidently presented concepts in English, Mathematics, Science, and Coding and Computational Skills through models and demonstrations, providing parents with meaningful insights into their academic progress. The programme strengthened students' communication and presentation skills while promoting increased parent engagement through active participation.



Date: January 2026

Title: Republic Day Celebration

Challenger STEM School, Kishanbagh celebrated Republic Day with great patriotism and enthusiasm through a series of educational and creative activities. The celebrations began with the hoisting of the National Flag, followed by patriotic speeches and student presentations. Preprimary students actively participated in painting and creative expression activities, making the programme both engaging and meaningful. The celebration encouraged national pride, creativity, and active student participation while reinforcing constitutional values and civic awareness.



Indo-US Public School

Kishanbagh, Hyderabad

Date: January 2026

Title: Pre-Primary Parent Engagement Program

The Pre-Primary Parent Engagement Program was conducted successfully at Challenger STEM School, Kishanbagh, providing young learners with an opportunity to confidently showcase their learning in English, Mathematics, EVS, and Sensorial activities. The programme created a positive and interactive environment that strengthened school- parent collaboration and enhanced students' confidence and presentation skills. The event received encouraging feedback from parents and appreciation from the Kreedo Team for its effective and student-centred approach



Date: January 2026

Title: Teacher of the Month

Challenger STEM School, Kishanbagh recognised Ms. Naziya Begum and Ms. Anema Begum under the "Teacher of the Month" initiative for their dedication, punctuality, innovative teaching practices, and effective classroom engagement. The recognition highlighted their consistent contribution towards maintaining a positive academic environment and inspiring both students and colleagues through their commitment to educational excellence. The initiative continued to promote motivation, professionalism, and quality teaching practices among staff members.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: January 2026

Title: Kindergarten Sports Day

Indo US Public School organised Kindergarten Sports Day with great enthusiasm and active

participation from young learners. Students enthusiastically participated in fun races and games, cheering for their classmates and

demonstrating teamwork and sportsmanship throughout the event. The programme created a joyful learning environment while encouraging confidence, physical activity, and healthy competition among kindergarten students.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 23 January 2026

Title: Sports Meet 2026

Indo US Public School conducted Sports Meet 2026 for primary and higher-grade students through a variety of indoor and outdoor games, including Kabaddi, Kho-Kho, and Cricket. Students actively participated in the competitions, displaying teamwork, coordination, and sportsmanship. The event promoted physical fitness, collaboration, and confidence while encouraging healthy participation and discipline among students.



Date: January 2026

Title: Exposure Visit and Student Interaction Session by Dr. Irfan Moin

Dr. Irfan Moin visited Indo US Public School and interacted with middle and higher-grade students through an inspirational guidance session focused on discipline, success, and personal development. Students actively participated in discussions, asked questions, and gained valuable insights from the interaction. The session encouraged goal-setting, self-discipline, and positive thinking among students, making the programme both engaging and impactful.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 28 January 2026

Title: Best Student of the
Month Award

Indo US Public School recognised selected students from Nursery to Grade X under the “Best Student of the Month” initiative. Students were evaluated based on attendance, academic performance, discipline, and overall behaviour. The programme encouraged consistency, responsibility, and academic excellence while motivating students to actively participate in maintaining a positive learning environment.

Date: 30 January 2026

Title: Islamic Session and
Student Counselling

An Islamic Session and Student Counselling programme was conducted at Indo US Public School focusing on moral values, discipline, and responsible behaviour among students. The session included interactive discussions and real-life examples aimed at guiding students towards positive character development and personal responsibility. The initiative strengthened value-based learning and encouraged self-discipline, particularly among higher-grade students.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: 3 January 2026

Title: GTRE Toppers Recognition Programme

Indo US Public School recognised students who excelled in the GTRE examination through a special appreciation programme celebrating their academic achievement and dedication. The recognition encouraged students to continue striving for excellence while motivating peers through positive academic reinforcement. The initiative contributed towards strengthening a culture of achievement, encouragement, and academic motivation within the school community.

Date: 18 January 2026

Title: Firki Teacher Development Programme

Teachers of Indo US Public School participated in the Firki Teacher Development Programme conducted by Teach For India as part of ongoing professional development initiatives. The programme included online training sessions focused on improving classroom practices, instructional strategies, and teaching effectiveness. The sessions contributed towards enhancing teachers' professional skills and strengthening the overall quality of classroom learning experiences.

Indo-US Public School

Shaheen Nagar, Hyderabad

Date: January 2026

Title: Islamic Quiz Competition

Indo US Public School organised an Islamic Quiz Competition with participation from students representing multiple schools. Participants enthusiastically answered questions based on Islamic knowledge and general learning, creating a healthy and engaging competitive environment. The programme encouraged knowledge-sharing, confidence-building, and intellectual participation while strengthening students' competitive spirit and learning engagement.



Date: 26 January 2026

Title: Republic Day Celebrations

Indo US Public School celebrated Republic Day with patriotism and enthusiasm through a flag-hoisting ceremony and student participation activities. The programme included the singing of the National Anthem and reflections on the contributions of freedom fighters and national leaders. The celebration encouraged students to understand the importance of unity, national values, and responsible citizenship while promoting respect for the Constitution and democratic principles.



Indo-US Public School

Shaheen Nagar, Hyderabad

Date: January 2026

Title: FL and YOC Classroom Observations

Indo US Public School conducted regular FL and YOC classroom observation sessions during weekends to monitor student learning progress and classroom engagement. Teachers identified learning gaps and adapted instructional strategies to improve foundational literacy and classroom effectiveness. The initiative supported continuous academic improvement and strengthened foundational learning outcomes among students.



Kingsdale High School

Hyderabad

Date: 26 January 2026

Title: Republic Day Celebrations

Kingsdale High School celebrated Republic Day with patriotism and enthusiasm through a flag-hoisting ceremony and cultural activities organised for students. Students actively participated in the programme through performances and interactive activities that highlighted the significance of the Constitution, democracy, and national unity. The celebration encouraged civic awareness and helped students better understand the importance of constitutional values and responsible citizenship.



Manchi Challenger School

Hyderabad

Date: 31 January 2026

Title: Annual Sports Meet 2025–2026 Opening Ceremony

The Annual Sports Meet 2025–2026 at Manchi Challenger School commenced with the Opening Ceremony held on 31 January 2026, marking the beginning of a three-day celebration of sportsmanship, discipline, and teamwork. Students



from the four houses: Aakash, Prithvi, Shaurya, and Dhairya enthusiastically participated in various track and field events, demonstrating remarkable coordination, confidence, and team spirit throughout the programme.



Date: 26 January 2026

Title: TATA Building India Essay Competition – Students' Achievement

Students of Manchi Challenger School achieved notable success in the TATA Building India Essay Competition conducted on the theme “Self-Reliant India.” Out of 53 student participants, six students secured medals and certificates



across senior and junior categories, reflecting the school's commitment towards promoting literary excellence, critical thinking, and academic achievement among students.



Manchi Challenger School

Hyderabad

Date: 26 January 2026

Title: Republic Day Celebrations

Manchi Challenger School celebrated the 77th Republic Day with great patriotism and enthusiasm through a series of cultural and educational programmes. The celebrations began with the unfurling of the National Flag by Sri Syed Aneesuddin, Managing Trustee, ICF and CEO of Sahayata Trust, followed by the National Anthem.

Students actively participated in parades, patriotic performances, speeches, and skits highlighting constitutional values, unity in diversity, and civic responsibility. Special performances, including a Mock Parliament and High Court Proceedings presentation by students of Classes VI–X, were among the key highlights of the programme.



Manchi Challenger School

Hyderabad

Date: 9 January 2026

Title: Pongal Special Assembly, Rangoli Competition, and Kite-Flying Activity

Manchi Challenger School organised a special assembly in celebration of Pongal and Makar Sankranti, highlighting the cultural significance of the harvest festival. Students of Classes IX and X conducted the assembly, followed by Rangoli and kite-flying activities that encouraged creativity, participation, and cultural awareness. The programme provided students with an engaging platform to celebrate traditional values and community spirit.



Date: 7 January 2026

Title: Participation in State Science and Mathematics Fair, Kamareddy

Selected students from Manchi Challenger School participated in the State Science and Mathematics Fair held at Kamareddy, representing Rangareddy district through four shortlisted projects in Science and Mathematics. The event witnessed participation from schools across Telangana and provided students with an opportunity to present innovative ideas, enhance presentation skills, and gain exposure to diverse academic projects. Although the projects did not secure prizes, the participating students received State Participation Certificates and Special Project Presentation Certifications, recognising their efforts, confidence, and academic excellence.



Manchi Challenger School

Hyderabad

Date: 9 January 2026

Title: Yellow Colour Day Celebration

Manchi Challenger School organised a Yellow Colour Day celebration for pre-primary students as part of an engaging early-learning activity focused on colours and creative expression. Students enthusiastically participated in various classroom activities and interactive sessions designed to strengthen colour recognition, communication, and social participation skills. The celebration created a joyful learning environment while encouraging creativity and active involvement among young learners.



Date: 9 January 2026

Title: Parent-Teacher Meeting for
Classes III-X – Periodic Test 3 and FA III

The Parent-Teacher Meeting for students of Classes III-X was conducted successfully at Manchi Challenger School to discuss students' academic performance, behaviour, strengths, and areas requiring improvement following Periodic Test 3 and FA III assessments. The meeting encouraged meaningful interaction between parents and teachers, strengthening collaboration between home and school in supporting students' academic progress and overall development. Active participation from parents contributed towards constructive discussions and improved student support strategies.



Date: 3 January 2026

Title: Parent-Teacher Meeting for Nursery-
Class II – Periodic Test 3 and FA III

Manchi Challenger School conducted the Parent-Teacher Meeting for students from Nursery to Class II following the completion of Periodic Test 3 and FA III assessments. Parents reviewed students' academic progress and participation in co-curricular activities through interactive



Community Outreach

Hyderabad

Widow Support

Date: January 2026

Title: Widow Support Initiative – Ration Distribution Drive

Sahayata Trust conducted monthly ration distribution drive in January 2026 across multiple locations to support widows and economically vulnerable families. Essential ration kits were distributed in nearly ten locations during each phase of the initiative, ensuring timely assistance to beneficiaries in need. The programme aimed to strengthen food security and provide sustained humanitarian support through community outreach and welfare-based assistance activities.

CALL FOR DONATIONS

We invite you to support Sahayata Trust in its mission to uplift and empower communities in need. Your generous contribution can help create meaningful change through education, healthcare, and social welfare initiatives.

To make a donation and support this cause,
please visit:
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