





ABOUT US

Registered in 1996, Sahayata Trust is a not-for-profit, Non-Governmental Organisation (NGO) based out of Hyderabad, India. Sahayata Trust works to contribute to the welfare of society by reaching out to the underprivileged and economically weaker sections of India, irrespective of caste, colour, gender or faith. It aids and supports those in need of necessities such as food, healthcare and education, among others.

Sahayata Trust works with a dedicated team, visionary leadership and volunteers pan-India to bring about socio-economic development. Through our efforts, we aim to help the marginalised reach their full potential with quality education, contribute to nation-building as healthy citizens and have a voice in decisions that affect them, while living and working with dignity.

VISION

To build a just, peaceful, prosperous India for all.

MISSION

To aid and empower vulnerable Indian citizens for inclusive social, political, and economic development.

OBJECTIVES

- To provide relief aid to victims of natural and human-made disasters
- To improve education and health levels among below the poverty line Indian citizens
- To provide opportunities for economic development through training, finance and guidance
- To raise awareness and educate people on social issues
- To provide counselling for education, health, employment and family issues
- To cooperate with like-minded individuals and organisations for the realisation of its mission and vision

To help the target people, Sahayata Trust has set up educational institutions and healthcare facilities for the poor. Apart from these, Sahayata Trust started some programs like REED, feeding program, ration distribution to widows, and winter relief for orphans, widows and others in need.

CHAIRMAN'S MESSAGE

MANZOOR GHORI

Chairman, Sahayata Trust _____



Sahayata Trust was established in the year 1981 and registered in 1996 with the generosity of our benevolent donors, the trust has completed 40 years of its service to humankind. We have been providing services in four sectors, namely Education, Healthcare, Social service, and Emergency relief with the aim of a just, peaceful and prosperous India for all.

Sahayata Trust has set up and supports several schools, colleges, skill development centres, hospitals, clinics. A civil service academy, science academy and healthcare academy have also been set up. We hold weekly, monthly and annual health camps in slums, free of cost, to provide better access to health. Sahayata Trust works for the upliftment of widows, orphans, and economically weak citizens. We believe in serving humanity, regardless of their caste, creed, religion, or gender.

It feels great to see smiles on the faces of people, but it is even more gratifying to be the reason behind the smile.

We have helped 63,728 children in the Education sector, 56,291 in the Healthcare sector, we provided 169,856 cooked meals and 16,456,740 meals in the form of food grains, 700 water wells, and 12,000 winter cloths were distributed. We helped people during natural disasters that happened this year in Telangana, Bihar, Assam, West Bengal and Andhra Pradesh - We built 60 houses and repaired 260 houses, 180,000 people were provided ration meals, and the Trust setup 14 business for people who lost everything during the calamity.

The year 2020 has been a challenge for everyone; teachers, people who lost their jobs, migrant laborers who went back to their native towns, people who were stranded in other cities because of Covid-19 and floods in various parts of the country.

Thanks to our donors, we were able to reach out to people from different corners of the country and provide them with basic amenities.

Manzoor Ghori.



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EDUCATION

Education is vital for a happy and prosperous life. However, several parents from underprivileged communities hesitate to send their wards to schools and force them into child labour. The main reason for the parent's hesitation is the high cost of education.

Besides the admission and tuition fees in private schools, uniform, books, bags, examination fees and a lot of other miscellaneous expenses make it a burden for some parents to send their kids to the school. At least 35 million children are currently out of school in India.

SOME STATISTICS ON EDUCATION

Less than **1/2** of India's children between the age of **6** and **14** attend school

A little over **one-third** of all children who enrol in **grade 1** reach **grade 8**

At least **35 million** children **aged 6-14** years **do not attend school**

53% of girls in the age group of **5 to 9** years **are illiterate**

In India, only **53%** of habitation has a **primary school**

In India, only **20%** of habitation has a **secondary school**

On average, an upper **primary school** is **3 km** away in **22%** of areas under habitations

In nearly **60%** of schools, there are **less than 2** teachers to teach **Classes I - V**

On average, there are **less than 3 teachers** per **primary school**, managing classes from **I - V** every day

The **high cost of private education** and the need to work to **support their families**, and little interest in studies are the reasons given by **3** in every **4 dropouts** as the reason they leave

Dropout rates increase alarmingly in **classes III to V**, it is **50%** for **boys** and **58% for girls**

1 in 40, primary schools in India are based out of **open spaces** or **tents**

In Andhra Pradesh (South India), **52 upper primary schools** were operating **without a building**, while in 1993, there were none

In Maharashtra (West India), **10 schools** were operating **without a building** in 1993. This **climbed to 33** in **2002**

More than **50%** of **girls fail to enrol** in school; those that do are likely to **drop out** by the **age of 12**

50% of Indian children aged 6-18 **do not go to school**



IMPORTANCE OF EDUCATION

Sahayata Trust's central vision and mission are to eradicate poverty by uplifting the destitute. The first step towards this goal is by providing quality education to the future generation of the country.

The areas in which education can improve the living standards of destitute include:

ERADICATING POVERTY

The proper education and knowledge makes a person creative, innovative and helps plan an appropriate course of life. With appropriate education, one can lead a happy life and work in the sector they wish, thus be able to choose and follow their destiny.

UPLIFTMENT OF ECONOMICALLY WEAKER SECTIONS OF SOCIETY

Discrimination, untouchability & injustices still prevail in the community. The advancement of good education can ultimately lead to the upliftment of economically weaker sections of society, making them fit to make proper and informed decisions about their own well-being and the well-being of others.

WOMEN EMPOWERMENT

Dowry, child marriages, opposition to widow remarriages, female foeticide and female infanticide are still in practice in some villages. All of this can be eradicated by proper education, thus empowering women.

CREATE BETTER HUMAN BEINGS

Education helps a person decide right and wrong and how deal with problems. It helps them deliberate on matters concerning themselves, making them more aware, intelligent and morally straight.

CREATION OF A BETTER SOCIETY

A Lack of education creates various societal problems such as superstition, domestic violence, poor health choices and low employment opportunities. Education promises to eradicate all such problems equally for both men and women. And so, a society of educated people will necessarily be a better society. Without education, a better society is simply not possible.

UNDERSTANDING THE RESPONSIBILITIES

As social beings, it is our responsibility to give something back to society and make it a better place for the next generation. An uneducated person cannot be fully aware of his/her responsibilities. An educated person is aware of his/her personal as well as social responsibilities. Proper education teaches a person to think beyond his/her interests and also provides him/her with the ability to give something back to society, thus fulfilling their social responsibilities.

MAKE THIS WORLD A BETTER PLACE TO LIVE IN

The South African Revolutionary President Nelson Mandela remarked that "Education is the most powerful weapon which you can use to change the world." Only with the help of education can the world be transformed into a more just, equitable and humane place.

Keeping in mind all the above points, Sahayata Trust started the following academic units to create equal opportunities for every individual without discrimination.

INDOUS SCHOOLS

OVERVIEW

Sahayata Trust founded the Indo-US Schools in 3 slums of Hyderabad. The aim is to lay the foundation for Literacy and Numeracy in the children at an early age, thereby preparing them to be able to choose their destiny.

ABOUT INDO-US SCHOOLS

Indo US Public Schools envisage creating lifelong learners who are rooted in their identity and become role models for the country. The schools lay heavy emphasis on ensuring that the children from these communities can read, write, articulate and become lifelong learners. Apart from Academics, the entire schooling system is geared towards teaching three values: Ownership, Excellence and Compassion. Indo US Schools have partnered with organisations noted for excellence in education like 321 Education Foundation and India School Leadership Institute (ISLI). Teacher Training and Development takes place all around the year.

SALIENT FEATURES

- Digital Smart class
- Qualified and Experienced Faculty
- Information about student's performance by SMS
- Peaceful atmosphere
- Spacious building
- Science fair
- Annual Celebration
- Co-curricular and extra-curricular activities
- Scholarship Facility
- Affordable Fee structure
- English medium learning
- CCTV Surveillance
- State-of-the-art computer labs
- Safety and security
- Bi-annual medical check-up
- Personality Development and Value Education

STATISTICS





CHALLENGER INTERNATIONAL SCHOOL

ABOUT CHALLENGER INTERNATIONAL SCHOOL

Sahayata Trust set up the Challenger International School, Moinabad to impart quality education supplanted by modern infrastructure.

VISION

To foster wisdom, culture, and morals in the attitudes and behaviours of young students.

OBJECTIVE

To provide quality education and meaningful learning experiences using innovative tools as well as through the expertise of talented mentors.

ACADEMICS

The modern tools used by the teachers facilitate the students to learn holistically. Frequent tests in all subjects, along with term examinations, are conducted. Academic counselling board headed by the principal assesses the abilities of each student. It helps to teach staff in adapting learning processes suited to each student's capacity and capability.

INFRASTRUCTURE

The campus is spread over 4000 square yards amidst greenery, away from the main road with well-ventilated classrooms provides a peaceful and congenial atmosphere for students.

LABORATORIES

The school has well-equipped computer labs, physics, chemistry, botany & zoology laboratories, with UPS back-up.

LIBRARY

The school has a DELNET facilitated library (connectivity to all libraries across India) well equipped with books for reference and a comfortable reading room which is functional between 8:00 am to 4:00 pm.

SMS FACILITY PROVIDED FOR PARENTS

Information like the academic performance, attendance, exam schedule, emergency notifications, fee schedules and other relevant details of the children are shared through an SMS to keep parents updated about the current activities of the school.

AUDITORIUM

An auditorium with a seating capacity of 500 fitted with multimedia services, an overhead projector and all other necessary utilities.

TRANSPORT

The school has a transport facility with several pick-ups and drop points to help students from distant places reach the school without any difficulty.

FACILITIES

- Best E-Learning for all subjects in collaboration with (PEARSON DIGI CLASS)
- Highly qualified & dedicated teaching staff
- Latest IT education with fully equipped computer labs
- Emphasis on co-curricular activities & regular field trips
- The entire school is under CCTV Surveillance.
- Sports facility in collaboration with (TRIUMPH-healthy body healthy mind).
- The safe, comfortable, time-conscious transport system
- Entire school campus equipped fire & safety equipment certified with the department.
- Safe, healthy, hygienic, pollution-free infrastructure.
- RO water purification system for fresh, purified & healthy drinking water
- Well-equipped physics, chemistry, botany & zoology labs.
- Affordable fee package to extend quality education for all.

STATISTICS

60 STAFF

787 STUDENTS



CHALLENGER I.C.F. SCHOOL

ABOUT CHALLENGER ICF SCHOOL

Challenger ICF School, located in Ambboth Tanda, a village in RR District, Telangana was started to provide education to the economically backward classes (SC/ST/Lambada Community). It believes in the overall development of the students by balancing academics and extra-curricular activities with a state of the art infrastructure within the campus. The school offers playgrounds for cricket, basketball, volleyball, table tennis, badminton and other sports.

FACILITIES

The school provides the following facilities:

- Classroom
- Library
- Playground
- Bus Transport
- Computer Laboratory
- Science Laboratory

STATISTICS



CHALLENGER JUNIOR AND DEGREE COLLEGE

ABOUT CHALLENGER JUNIOR COLLEGE

Challenger Junior and Degree College are located in Moinabad, organised and run by Sahayata Trust. They aim to serve as a platform for building individual thinking and holistic development among students.

MISSION

Challenger Junior and degree college provide value-added, quality education. For its vision of 'Educating onwards & Upwards', several steps are being undertaken that promote the institution's multi-dimensional growth and, in turn, develop a healthy and happy society.

COURSES OFFERED

- MPC+JEE
- BiPC+NEET, EAMCET
- CEC
- MEC+CPT
- HEG
- BA

SALIENT FEATURES

- Good infrastructure and digital classes
- Spacious classrooms with limited strength
- Separate classrooms for boys & girls
- Academic achievements
- Trained lecturers
- Well- equipped labs
- Extra-curricular activities, sports & games
- IPE with NEET & JEE.
- Safe college transportation
- State scholarships

INFRASTRUCTURE

- Spacious classrooms with comfortable seating and digital boards
- A library containing different genres of books with an atmosphere conducive for learning
- Fully-equipped Physics, Chemistry and Biology labs with all apparatus and equipment
- Transport facility to help students attend the college from farthest points.
- Smart classes powered by futuristic technology
- Smart Touch Screen Boards to facilitate seamless learning
- Deployment of online learning modules powered by the award-winning Erudite Technologies
- Remote Answering System for convenience
- Biometric Attendance to ensure accuracy and accountability
- Online College Management Software
- Computerised report cards
- SMS updates to parents for prompt, reliable & periodic feedback

STATE RANK HOLDERS 2019-2020

G. HABEEBA UMMUL KHAIR, Student at Challenger Junior College-Bipc stream, scored 434/440 marks holding the fourth rank in the state.

T. JAAHNAVI, an MPC student at Challenger Junior College, became the seventh state rank holder by scoring 462/470 marks.



CHALLENGER JUNIOR COLLEGE

STARTED IN THE ACADEMIC YEAR 2014 - 2015

COURSES
BiPC with NEET/EAMCET
MPC with JEE/EAMCET | MEC | CEC | HEC | HEG

TOP PERFORMERS 2019-2020

BiPC – 1st Year	MPC – 1st Year
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**G. HABEEBA
UMMUL KHAIR**

434 / 440 Marks
State 4th Rank



T. JAAHNAVI

462 / 470 Marks
State 7th Rank

ADMISSIONS ARE OPEN

for the academic year 2020-21

Contact: MRS. SHAGUFTA PARVEEN 99494 17575
MR. K. DILIP CHANDRA 90148 55444



CHALLENGER CIVIL SERVICES ACADEMY

OVERVIEW

Launched in 2016, Challenger Civil Services Academy, Moinabad provides relevant study material prepared by experts in the field, focusing on priority areas from an examination point of view. They offer a range of training modules from classroom teaching to model examinations on UPSC pattern.

ABOUT THE COURSE

Challenger Civil Services Academy coaches students for the civil services exam from Class X onwards. Those who have passed Class X are trained for a greater duration alongside the intermediate students (Inter+ civil service coaching). For those who have cleared the intermediate level, the academy offers instructions for three years alongside a degree (Degree+ coaching). For graduates, we have a one-year coaching program that helps prepare students for the Indian Administrative Services and other civil service exams.

INFRASTRUCTURE AND FACILITIES

- State-of-the-art classrooms
- Relevant course work
- Green campus
- Separate campuses for boys and girls
- Highly-experienced faculty
- Well-equipped library
- Auditorium for leadership training
- Cafeteria offering delicious food and snacks
- Computer lab for digital learning
- Separate hostels for boys and girls
- Fully-furnished AC rooms for students
- Interactive learning beyond classrooms
- Transport facility
- Yoga and fitness sessions
- Indoor sports arena
- CCTV and solar fence security

BOYS

Senior Inter Boys	- 14
BA - 2nd year Boys	- 34
BA - 3rd year Boys	- 20
Total	- 68

GIRLS

Senior Inter Girls	- 13
BA - 2nd year Girls	- 32
BA - 3rd year Girls	- 22
Total	- 66



ASHRAFUL MADARIS CHALLENGER JUNIOR COLLEGE

ABOUT ASHRAFUL MADARIS CHALLENGER JUNIOR COLLEGE

Ashraful Madaris Challenger Junior College, located in Yakutpura, a slum in Hyderabad is managed by Sahayata Trust. The college was set up to provide quality education to the girls in slums. All the students in this college belong to Economically Backward Classes. The college has two mediums of instruction-English & Urdu.

COURSES OFFERED

- Bi PC
- CEC

STATISTICS



INDO US ACADEMY OF HEALTH AND HOSPITAL ADMINISTRATION (IAHHA)

ABOUT THE INDO US ACADEMY OF HEALTH AND HOSPITAL ADMINISTRATION (IAHHA)

Indo-US Academy of Health and Hospital Administration (IAHHA) is a premier institution specialising in medical, health and hospital administration, and continuous medical education programs for healthcare professionals. Founded by Sahayata Trust, IAHHA is a non-profit institution working in association with Indo-US Hospital with support from distinguished professors of healthcare and medical professionals from India and abroad.

MISSION

- To develop medical and healthcare professionals
- Focus on building and enhancing skills of medical and healthcare professionals

ACTIVITIES

- High-quality academic and management development programs
- Conferences, seminars and conclaves
- Research studies and collaborative programs for medical and healthcare practitioners and institutions

COURSES OFFERED

The health care academy offers 8 Advance PG Diploma courses of four semesters each

- Advance PG Diploma in Anaesthesia Technology
- Advance PG Diploma in Dialysis Technology
- Advance PG Diploma in Echocardiography and Sonography
- Advance PG Diploma in Emergency Medical Care
- Advance PG Diploma in Health Care Management
- Advance PG Diploma in Operation Theatre Technology
- Advance PG Diploma in Physician Assistant
- Advance PG Diploma in Medical Lab Technology

BATCHES: The academy currently has two batches of students.

2017 - BATCH | 41 - STUDENTS

Completed two semesters successfully with 78% results and are waiting for 3rd-semester final examinations.

2018 - BATCH | 37 - STUDENTS

Completed 1st-semester final theory examinations and are waiting for 1st-semester final practical examinations.

STUDENT'S INFORMATION OF BATCH - 2017

Sl. No.	Course	Number of students	Year	Semester
1	Advance PG Diploma in Anaesthesia Technology	2	II	IV
2	Advance PG Diploma in Echocardiography and Sonography	8	II	IV
3	Advance PG Diploma in Emergency Medical Care	18	II	IV
4	Advance PG Diploma in Dialysis Technology	2	II	IV
5	Advance PG Diploma in Physician Assistant	9	II	IV
6	Advance PG Diploma in Medical Lab Technology	2	II	IV
Total Students in 2017 Batch		41		

STUDENT'S INFORMATION OF BATCH - 2018

Sl. No.	Course	Number of students	Year	Semester
1	Advance PG Diploma in Anaesthesia Technology	3	I	II
2	Advance PG Diploma in Echocardiography and Sonography	10	I	II
3	Advance PG Diploma in Emergency Medical Care	12	I	II
4	Advance PG Diploma in Operation Theatre Technology	1	I	II
5	Advance PG Diploma in Physician Assistant 10	1	II	
6	Advance PG Diploma in Health Care Management	1	I	II
Total students in 2018 Batch		28		

DAY-TO-DAY ACTIVITIES

- Conducting online classes
- OU Exam offline paper evaluation
- Guiding on-going project work and thesis submissions of third and fourth-semester students
- Guiding 2nd-semester students for record works
- Students are posted for job training in various departments of our hospital
- The faculty are preparing study materials for the upcoming semester

- Supervision of weekly visits of students to Primary Health Care centres as part of their curriculum
- Organising and encouraging students to participate in monthly CME programs
- Organising and helping students to conduct CPR training sessions at various schools and colleges
- Students conduct awareness programs on various topics as preventive health care programs



SKILL DEVELOPMENT CENTER

ABOUT SKILL DEVELOPMENT CENTER

Skill Development Centers (SDC) are organised by the Sahayata Trust in Andhra Pradesh. The objective is to support and enhance the skills of unemployed youth and impart job-oriented training.

COURSES OFFERED

The courses offered at SDC are free of cost and are associated with the PMKVY Government scheme as per NSDC standards. The following courses are offered in SDC Kurnool and Nandyal

- Emergency Medical Technician (EMT) Course (Healthcare Skill Sector)
- Closed Circuit Television (CCTV) Technician Course (Electronics Skill Sector)
- Consignment Booking Assistant (CBA) Course (Logistics Skill Sector)
- Courier Delivery Executive (CDE) Course (Logistics Skill Sector)
- Optical Fibre Technician (OFT) Course (Telecom Skill Sector)

COVID-19 RESPONSE

As students could not attend the classroom coaching during the lockdown, Sahayata Trust SDC took the lead in AP to make the process digital. Due to Covid-19 breakdown as the healthcare has become one of the most critical aspects of our day-to-day activities, hence SDC started online coaching for **First Aid Technician & CPR Course-A 7-day Course (6 days Theory+1 day Practical)**.

NUMBER OF STUDENTS TRAINED PER BATCH IN 2020

NANDYAL

MONTH	CCTV TECHNICIANS	CBA	CDE	CCTV INSTALATTION TECHNICIANS	BASIC COMPUTER (MS Office)	GENERAL STUDIES & QUANTITATIVE APTITUDE
January	30	30				
February	Training in progress	Training in progress	30		5	
March	Training in progress	Training in progress	Training in progress			10
April	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown		15	

MONTH	CCTV TECHNICIANS	CBA	CDE	CCTV INSTALATTION TECHNICIANS	BASIC COMPUTER (MS Office)	GENERAL STUDIES & QUANTITATIVE APTITUDE
May	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown			
June	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown			
July	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown			
August	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown	6		
September	Training resumed online	Training resumed online	Training resumed online	4		
October	Online training in progress	Online training in progress	Online training in progress	8	4	4
November	Batch completed, 27 students attended for assessment	Batch completed, 25 students attended for assessment	Online training in progress	8	3	4
December	Result declared: 26 students passed the assessment	Result declared: 23 students passed the assessment	Batch completed, 26 students attended for assessment	Online training in progress	Online training in progress	Online training in progress

90 Students Trained Under PMKVY In 2020 | 71 Students Still Under Training

KURNOOL

MONTH	EMT	OFT	CCTV INSTALLATION TECHNICIAN	FIRST AID (Online)	BASIC COMPUTER (MS Office)	OFT ONLINE	CCTV TECHNICIANS (Online)	GENERAL STUDIES & QUANTITATIVE APTITUDE
JANUARY		30	30					
FEBRUARY	30	Training in progress	Training in progress					
MARCH	Training in progress	Training in progress	Training in progress					
APRIL	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown					
MAY	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown					
JUNE	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown					
JULY	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown	15				
AUGUST	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown	3	4			
SEPTEMBER	Training on hold due to lockdown	Training on hold due to lockdown	Training on hold due to lockdown	14				
OCTOBER				16	3			4
NOVEMBER				14				
DECEMBER				15			2	

90 Students Trained Under PMKVY In 2020 | 90 Students Still Under Training

**NUMBER OF STUDENTS TRAINED FROM THE BEGINNING
TILL DATE 383.**



SCHOLARSHIP

Sahayata Trust's mission is to aid and empower the deserving citizens for inclusive social, political and economic development. Education is the key to eradicate poverty. By educating the underprivileged, we at Sahayata Trust offer them an opportunity to improve their living standards and reach their full potential. Sahayata Trust provides counselling and scholarships to school dropouts and helps these students complete their graduation. As many as 5,000 students are beneficiaries of Sahayata Trust's scholarships.

- Total of **5,000** students benefited from Sahayata Trust's Scholarship Initiatives.
- Providing Scholarships to dropouts to continue schooling
- Helping students complete their graduation

Scholarships in 2020

- The scholarship application is still going on
- 12 scholarships have been given so far
- \$19,210 (₹1,429,300) has been disbursed so far

EDUCATIONAL ASSISTANCE

Apart from providing the scholarship to the deserving candidates, Sahayata Trust also provides interest-free educational loans with high tenure to the needy.

About one crore has been disbursed for educational assistance this year.

SOME OF THE BENEFICIARIES

Sahayata Trust lent an amount of **\$672 (₹50,000)** to **Ms. Swarna Latha N**, for her daughter's education, who is pursuing **MBBS** in Kazakhstan. Her loan was settled.

Ms. Saima Sultana, pursuing **DNB (Diplomate of National Board)**, a Postgraduate Master's degree of specialist Doctors of National Board, was assisted with **\$1,680 (₹1,25,000)**.

Mrs. Ghousiya Begum was assisted for her daughter's education with an amount of **\$242 (₹18,000)**.

Sahayata Trust also financially assists some schools by paying salaries and other expenses.

MOBILE SCIENCE LAB & SCIENCE ACADEMY

OVERVIEW

Many schools, due to lack of funds, cannot afford lab facilities to inculcate practical knowledge among the students. The students have to rely on pictures and imagination to understand fundamental facts such as reflection of light and electrical and magnetic effects.

OBJECTIVE

To provide kinesthetic learning to the students, in the year 2011, Sahayata Trust launched a mobile science lab that reaches out to 18 government schools to inculcate hands-on learning experience to the students.

ABOUT MOBILE SCIENCE LAB

Mobile science lab currently makes nine visits in an academic year to 18 government schools in Hyderabad. Each visit has a team of 4 to 6 postgraduates accompanied by a professor to monitor and perform in Physics, Chemistry, Biology, Astronomy and many more. Earlier students conducted experiments in the van. As the strength increased, the professors took the equipment to each, and every classroom to perform the experiments.

Along with Mobile science lab, Sahayata Trust came up with Science academy, in which teachers are trained and supplied with experimental kits of physics, chemistry, and biology to perform experiments in the syllabus.

The academy has 15 faculty members. The academy also conducts workshops for school children regularly.

NUMBER OF BENEFICIARIES



Experimental kits worth \$67 (₹5,000) are provided to Physics, Chemistry and Biology teachers to perform experiments in the syllabus.





HEALTHCARE

The healthcare system in India is fragile due to rising healthcare costs, shortage of trained medical personnel, and lack of access to medical facilities in rural areas.

CHALLENGES FACING INDIA'S HEALTHCARE SECTOR:

1. Neglect of rural population
2. Neglecting preventive healthcare measures
3. Shortage of medical personnel
4. High cost of healthcare

Many Indians avoid hospitals due to lack of money. Prices of various essential drugs have gone up. The growing costs of healthcare make it difficult for the poor to access medical facilities, leading to many health concerns. To make healthcare accessible to such people, Sahayata Trust started the following healthcare units.

INDO US MULTI-SPECIALITY HOSPITAL

ABOUT INDO US MULTI-SPECIALITY HOSPITAL

Indo-US Hospital is a multi-speciality hospital founded by the Sahayata Trust in the year 2012. The intention was to serve people who could not afford expensive treatments offered in other multi-speciality hospitals.

SPECIALITIES

The Indo-US hospital has a wide range of speciality and super-speciality departments and a significant number of consulting specialists who are available 24/7 to provide quality consultation for needy patients. About 35 doctors, including junior doctors & the hospital's entire staff, are one hundred and thirty-five. The hospital has three ventilators, eight critical care beds, three step-down beds & overall, a total of 36 beds to treat patients. The hospital is equipped with the latest equipment to treat complex medical concerns. It also has a dedicated team of technicians who maintain all the facilities to provide seamless patient care. The hospital doesn't charge poor patients even for major health issues.

- Oncology
- Diabetology
- Ophthalmology
- Cardiology
- Dental Surgery
- Emergency
- ENT
- General Surgery
- Gynaecology & Obstetrics
- Internal Medicine
- Laparoscopic Surgery
- Gastroenterology
- Neurology
- Neurosurgery
- Orthopaedics
- Urology

NUMBER OF PATIENTS SCREENED SINCE 2012





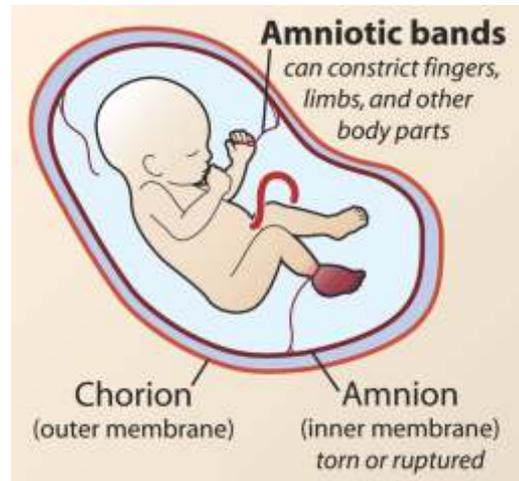
INDO-US SPECIAL CASES-2020

CASE 1: AMNIOTIC BAND SYNDROME - TIMELY SURGERY FOR 4 - MONTH OLD

Surgery performed on a four-month-old baby with Amniotic Band Syndrome

WHAT IS AMNIOTIC BAND SYNDROME?

Amniotic band syndrome is a rare condition, wherein the strands of the amniotic sac get separated and entangle with a digit, limbs or other parts of the fetus



HOW DOES IT AFFECT THE BABY?

Thin strands of tissues (amniotic groups) form inside the amnion. These fibre-like groups tangle around the developing fetus, limiting bloodstream, and influencing the development of particular body parts which can cause congenital deformities of limbs.



WHAT IS THE TREATMENT FOR IT?

After birth, the baby may need reconstructive surgery that can range from minor to complicated, Depending on the extent of the deformities the treatment options could be

NON-OPERATIVE

Type - 1: Simple constriction ring

OPERATIVE

Excision or release of constriction band: Type - 1 with a compromise of digital circulation

Circumferential Z plasties: Type - 2 with distal deformities

Surgical release of syndactyly: Type - 3 with distal fusions

Reconstruction of involved digits or limb: Type - 4 to improve function

- Fetal surgery to be offered if the band is wrapped around a limb, causing swelling and obstructed blood flow.
- It is done to release an amniotic band on a patient's limb and avoid an in-utero amputation of the limb.

CLINICAL HISTORY OF THE PATIENT

4-month-old-infant presented after normal delivery with right and left lower limb deformity. The mother had regular antenatal check-ups. No maternal H/O trauma, no H/O drug intake except for iron and folic acid tablets in the antenatal period. Ultrasonography of the fetus done in the antenatal period did not show any congenital malformation.

Clinical examination of the patient

- Left lower limb has club foot deformity (CTEV)
- Two constricting bands, occurring over ankle parallel to each other of the left lower limb.
- Brachydactylic digits and syndactyly of the digits were also observed.
- Spine and other extremities were normal
- No formed limb is distal to constriction band in the right lower limb.
- No bony structure formed distally.
- Infected ulcer and swollen limb remnant in the right leg



X-RAY

Right leg:

- Tibia and fibula end at the middle third leg.
- The tapering ends of the bone.

Other findings:

Hips contained.

- Left tibia bowed.



FINAL DIAGNOSIS

Bilateral lower limb Streeter's (ABS) syndrome, Patterson type II - left side and type IV - right side, with a right side club foot.

WHAT SHOULD BE DONE IN THIS CASE?

- Right side - Amputation
- Left side - CTEV correction, Constriction band release.

CHALLENGES

Anaesthesia risk and management

- Infant
- Low weight
- Anaesthesia expertise
- Post-op analgesia

SURGERY

- Minimise blood loss
- Meticulous reconstruction
- Rehabilitation

TREATMENT DONE

Under general anaesthesia first surgery (Performed on 18/7/2020 at four months age): At four months age. Amputation below the knee on the right side left side release of constriction band, and Z plasty was over 180-degree circumference. Second surgery(Planned after two months): Release remaining half (180 degrees) of the constriction band—serial POP cast application for CTEV correction.



CONCLUSION

ACB represents a rare congenital abnormality with varied clinical presentations that are unique to each patient.

Surgeons should be aware of the range of clinical presentations that are possible for ACB and should consider this entity in the differential diagnoses for complex and asymmetrical malformations of the extremities, face, limbs, or body wall.

Patients need tailored-stage wise interventions. With the unpredictable nature of outcomes, the parents must be aware of all the possibilities to avoid undue complications.

CASE 2: HIGH-RISK POLY TRAUMA CASE

Thirteen-year-old boy: Fell into the grinding machine.

SUSTAINED MULTIPLE INJURIES

- Left distal femur physeal
- Separation and popliteal vessel injury.
- Scrotal skin avulsion & exposed testis (rt).
- Perineum injury.
- Right femur fracture.
- Blunt abdomen Injury .
- Hypo-volemic Shock.



1st DAY

Wound care and primary vascular repair done elsewhere.

3rd DAY

Patient took Discharge from Corporate hospital due to financial

4th DAY

Admitted at INDO US Multispecialty Hospital

ISSUES AT THE TIME OF ADMISSION

- Hypo-volemic shock
- Exposed testis
- Femur fracture
- Sepsis
- Bleeding from vascular repair
- Calfskin necrosis with exposed soft tissue.

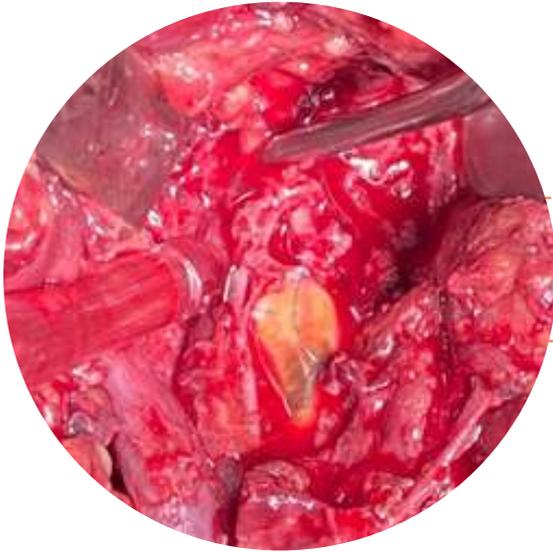
TREATMENT DONE

Step - 1

- Stabilization of general condition
- Blood transfusion
- Plan immediate surgery

Step - 2

- Vascular repair with Dacron graft under general anesthesia
- External fixation for left knee
- Closed reduction and internal fixation Right femur
- Scrotal wound repair and perineum repair



Vascular Rent
Repair with graft



Wound and external fixator
in course of follow-up



Scrotal wound
after repair

TREATMENT DONE

Step - 3

- Debridement of the left leg necrotic tissue
- Fibulectomy

Step - 4

- Skin Grafting of the residual wound of the left leg

UNHEALTHY WOUND
Necrotic tissue
Exposed devascularised fibula
Done debridement and fibulectomy



Post skin grafting

3 MONTHS FOLLOW-UP

- Vascular continuity regained: checked on Ultrasound
- Right femur fracture Union achieved
- Scrotal and perineum healed
- The skin graft taken up fully

**3 Months follow-up
Patient walking with support**



INDO US EYE HOSPITAL

OVERVIEW

According to a study conducted by AIIMS, the prevalence of blindness and visual impairment is one of the highest in Telangana, as inferred from the 'National blindness and visual impairment survey in India' report, released by the Union Service of Health and Family Welfare. A major reason behind individuals losing vision was found to be untreated cataract in 66.2 per cent cases, and refractive error in 70.6 per cent cases.

ABOUT INDO US EYE HOSPITAL

To provide treatment to the visually impaired and help the people see the beauty of the world, Sahayata Trust runs a 'Super Specialty Eye Hospital with 'State of Art' equipment required for simple 'routine' eye care to most complex eye treatment. We were able to treat many people and performed many cataract surgeries.

SPECIALITIES

- Vitro Retina
- Cornea and Refractive Surgery
- Pediatric Ophthalmology
- Orbit and Oculoplasty
- Cataract Surgery
- Glaucoma Surgery
- Neuro-Ophthalmology

NUMBER OF PATIENTS TREATED IN THE YEAR 2020

MONTH	SURGERIES	OUTPATIENTS
January	327	312
February	461	316
March	253	230
April	LOCKDOWN	-
May	LOCKDOWN	-
June	30	244
July	49	157
August	60	234
September	104	266
October	75	266
November	90	309
December	-	-
Total	1149	2334

HOSPITAL-BASED COMMUNITY EYE HEALTH PROJECT

Hospital-Based Community Eye Health Project was started in the year 2015 to reach out to the poor and needy for treating eye-related disorders. The goal of HBCEHP is to eliminate avoidable blindness.

THE SPECIFIC OBJECTIVES ARE

1. Reduce the burden of blindness caused by curable and treatable conditions
2. Integrate primary eye care services into existing primary health services of the locality.

SALIENT FEATURES

- Nearly 40,000 people were screened, of which 80 % constituted Women and Children (54% women & 26 % Children).
- 423 Cataract surgeries were performed with 62% being women.
- The rate of Ante Natal Check-Up & Post Natal Check Up have increased during this project period as reported by local Anganwadi in the PHCs.
- The immunisation rate of 0-5 years children has increased drastically compared to previous years before the inception of the project.
- Seventy-seven more surgeries are to be performed in the area to declare the project area as “Cataract Backlog free area” which will be the first of its kind of achievement in the entire state of Telangana.



INDO-US CLINICS

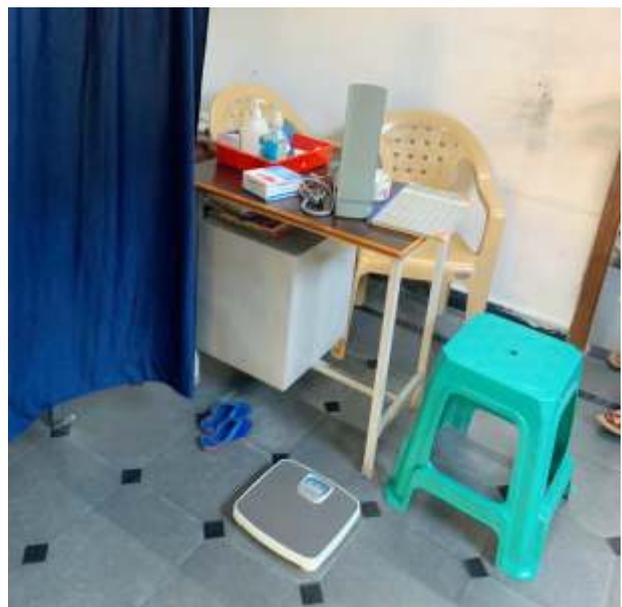
Indo-US Clinics are located at Afzal Sagar and Amberpet slums in Hyderabad. Constructed by Sahayata Trust, the clinics aim to provide treatment and medical aid to the poor and needy. The clinics have two doctors—one for the morning shift and one for the evening shift and a pharmacist to provide medicines to the patients. Mostly diabetics are treated at these clinics. For major treatments like fracture & pregnancy, patients are referred to the Indo-US Hospital. In 2019, as many as 12,875 patients were treated here.

NUMBER OF PATIENTS

4,828 Patients Treated in 2020

MEDICAL AID

Abdul Aleem requested Sahayata Trust for medical aid for his 22 years old son, who was suffering from Colon Rectal Cancer had to undergo Tele-therapy treatment which costs around \$ 2,687 (₹200,000). Sahayata Trust supported him for the treatment and medicines.



FREE HEALTH CAMPS-ALL INDIA HEALTH INITIATIVE PROGRAM

ABOUT HEALTH CAMPS

In slums and rural areas, people do not have access to adequate health services. The poor often neglect their health and well-being because of the burden of medical expenses. Sahayata Trust organises weekly and yearly health camps to provide medical aid to the needy. In such camps, doctors from the United States and the United Kingdom collaborating with doctors in India to address medical concerns of people living in rural India. Medical check-ups, lab tests and medicines are provided free of cost. Specialists include emergency physicians, paediatricians, geriatricians, surgeons, ophthalmologists, family physicians and others. Patients travel long distances seeking free medical advice and treatment.

IHI 2020

The year 2020 marks the 11th consecutive year for India Health Initiative where Indian & American Doctors living in the United States of America contribute their time to treat the underprivileged people in various parts of India. This year's team included; Dr M. A. Gafoor, Internal Medicine, Dr Sabiha Gafoor, Pediatrics, Dr Mohammed S. Haq, Internal Medicine, Dr Yamin Ali Javid, Pediatrics, Dr Vaseema Arastu, Pediatrics, Dr Azaaz Ahmed, Internal Medicine Dr. Mir Mumtaz Ali, Pulmonologist.

The camps were conducted in various parts of Telangana State and Andhra Pradesh. In Telangana, the camps were conducted in the following areas,

- Amboth Tanda, Challenger ICF School, Ibrahimpatnam. The area is mostly covered by beautiful mountains and is essentially inhabited by the farming community. They do not have adequate medical facilities in their town. The camp was conducted for two days, and the number of patients treated during these two days was 335 and 475 respectively.
- Tolichowki, Bal Reddy Nagar, Hyderabad. The patients here were mostly diabetic and hypertensive; a few patients were unaware of their diabetic condition. Here a total of 578 patients were attended to.
- Ashraful Madaris School, Yakutpura, Hyderabad. This camp was conducted in the old city of Hyderabad. The patients had come up with common cold, cough, diabetic and hypertensive. The number of patients seen here was 524.

Note: The above camps were conducted from January 27, 2020, till January 30, 2020

In Hyderabad, 1,912, patients were screened and were provided with regular medication. After Hyderabad, the group travelled to Andhra Pradesh and conducted three camps there. The following were the locations of the camps,

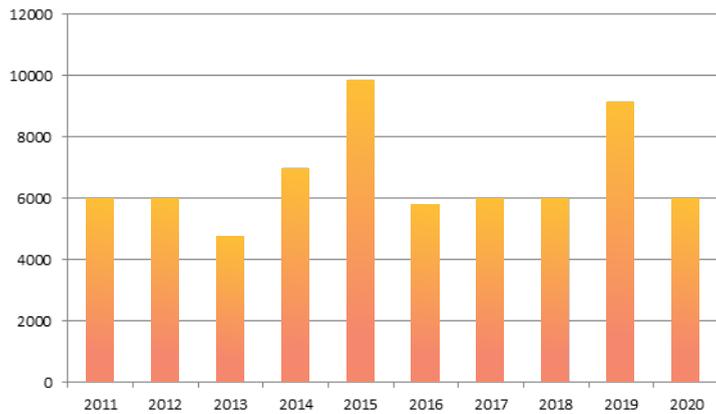
- Ideal English Medium School, Ganiathkuru, Vijaywada, Andhra Pradesh. This village is about 230 Km from Hyderabad and situated on the banks of river Krishna; the patients were very enthusiastic about being treated by these doctors. Two interesting cases were discovered during this camp, a patient was diagnosed with Tuberculosis, and immediately she was referred to the local doctors, and another patient had a large thyroid to which she was sent to the lab to get tests. A total of 311 patients were consulted.
- Kontamuru, Rajahmundry, Andhra Pradesh. Here the camp was organised for two days wherein which about 1,700 patients were examined, and free medication was provided. The camp ended here, and the doctors travelled back to Hyderabad.

Note: The above camps were conducted on February 1st, 3rd & 4th February 2020

Apart from speciality consultation, blood pressure check-up, blood sugar check-up, eye check-up and dental check-ups were provided at the camp.

- **Telangana State:**
Total numbers of Patients seen were 1,912
 - **Andhra Pradesh:**
Total numbers of Patients seen were 2011
- Total Patient counts for IHI 2020 are 3,923.**

NUMBER OF PATIENTS TREATED IN 3 WEEKS MEDICAL CAMP



6,000	In 2011 - Rural areas of Lucknow, Hyderabad and Delhi	6,000	In 2012 - Rural areas of Lucknow, Hyderabad and Delhi
4,735	In 2013 - Rural areas of Hyderabad, Jahangirabad and Assam	7,000	In 2014 - Rural areas of Hyderabad, Lucknow and Rajasthan
9,869	In 2015 - Rural areas of Hyderabad, Bijapur, and Bangarpet	5,775	In 2016
6,000	In 2017 & 2018	9,166	In 2019
3,923	In 2020 - Slums of Telangana and Andhra Pradesh		





SOCIAL SERVICE

Two-thirds of the people in India live in poverty: 68.8% of the Indian population lives on less than \$2 (₹149) a day. Over 30% even have less than \$1.25 (₹93) per day available - they are considered extremely poor. This makes India one of the poorest countries in the world; women and children, the weakest members of Indian society, suffer the most.

More than 800 million people in India are considered poor. Most of them live in the countryside and keep afloat with odd jobs. The lack of sustainable employment in rural areas drives many Indians into rapidly-growing metropolitan regions such as Mumbai, Delhi, Bengaluru or Kolkata. Once there, most of them are pushed into a life of poverty and despair in mega-slums that lack drinking water, waste disposal and in many cases, electricity.

The poor hygiene conditions cause diseases such as cholera, typhus and dysentery, due to which many children suffer and die. Poverty in India impacts children, families and individuals in a variety of different ways like:

- High infant mortality
- Malnutrition
- Child labour
- Lack of education
- Child marriage

To overcome these issues, Sahayata Trust started visiting slums and providing food, groceries, clothes and education to poor and needy. Sahayata Trust also runs a program called REED (Rural Education & Economic Development) to provide teacher training to residents and support deserving candidates in setting up their businesses financially. The program also helps farmers and villagers by constructing water wells.



FEEDING PROGRAM

OVERVIEW

The feeding program is Sahayata Trust's initiative to ensure people don't go to bed hungry. Under this program, cooked meals and groceries are provided to the needy. Sahayata Trust has identified about 100 widows in need and provides them with groceries every month. During the Covid-19 lockdown, feeding programs were organised in mutts, slums and on highways. Cooked meals and groceries were provided to migrants, daily labourers and slum-dwellers.

STATES IN WHICH THE FEEDING PROGRAM IS CONDUCTED



NUMBER OF BENEFICIARIES

100 WIDOWS

PROVIDED GROCERIES
EVERY MONTH

169,856 MEALS

DURING COVID-19 PANDEMIC

16,456,740 GROCERY KITS

DURING COVID-19 PANDEMIC

7.5 MILLION

MEALS DISTRIBUTED
IN 2019

10.6 MILLION

MEALS DISTRIBUTED
IN 2020



RURAL EDUCATION & ECONOMIC DEVELOPMENT (REED)

REED is a social welfare initiative by Sahayata Trust to eliminate illiteracy, inequality and acute poverty across India. This program focuses on education and economic development.

EDUCATION

Under REED, Sahayata Trust has successfully set up schools and donated school bags, books and other stationery to needy students. It has also provided teacher training to residents and counselled dropouts and their parents in favour of continuing schooling.

104 SCHOOLS

ONE-TEACHER SCHOOLS

3 SCHOOLS

UNDER CONSTRUCTION

61 ADULTS

960 BOYS

914 GIRLS

- School bags & books for students in need
- Counselling to school dropouts
- Teacher training to local residents
- New locations to be surveyed in 2021

ECONOMIC DEVELOPMENT

Besides providing financial assistance to those in need, the trust has constructed bore wells and water wells to benefit poor farmers and villagers.

Financial assistance to deserving candidates to set up a business

700 PLUS

BOREWELLS CONSTRUCTED

146,750 BOREWELL

BOREWELL BENEFICIARIES



WIDOW RATION

OVERVIEW

Several government schemes support the widows, but the beneficiary must belong to primitive and vulnerable tribal groups. The widows who do not fulfil the criteria are not entitled to any benefits. Countless widows do not have support even from their families. Most widows are unable to fulfil their basic minimum needs.

SAHAYATA TRUST'S INITIATIVE TO SUPPORT THE WIDOWS

Sahayata Trust took an initiative to support the disadvantaged widows. Through its resources, Sahayata Trust identified widows in dire need and began distributing grocery kits containing essentials like rice, lentils, salt, tamarind, oil, sugar and other essentials, enough to feed a family of four for a month.

SL. NO.	PARTICULARS	QUANTITY	SL. NO.	PARTICULARS	QUANTITY
1.	Rice	15KG	5.	Tamarind	1KG
2.	Chickpeas	2KG	6.	Chili Powder	500GM
3.	Oil	2KG	7.	Turmeric	250GM
4.	Sugar	1KG	8.	Cooking Butter	250GM

Kits containing above contents are provided to widows every month

100 **WIDOWS** supported every month



SUPPORT FOR THE ELDERLY

ABOUT THE PROJECT

India has 100 million elderly individuals. Nearly 15 million elderly Indians live all alone, and three-fourths of them are women. Most of them face abuse in one form or another, states a report released to commemorate the United Nations' World Elder Abuse Awareness Day. Aged individuals require as much attention as children; however, several of them have been abandoned by their families who no longer can or want to care for them.

Sahayata Trust
has paid rents for



and provides necessary help as
and when required for such a
home with 15 elderly residents.



CHALLENGER HOME - A HOME FOR GIRLS

OVERVIEW

Managed entirely by Sahayata Trust, Challenger Home in Moinabad aims to provide shelter, care and holistic education to orphan and destitute girls. At present, 24 children are living in the orphanage. The trust provides them with shelter, clothes, nourishing food and valuable education. They have a large play area and a great school to attend classes. It brings hope to see the children chasing their dreams of becoming police officers, engineers, doctors and much more.

MEET CHALLENGER HOME DREAMERS

Khaja Begum has been staying in the Challenger Home for the past ten years and is a promising Class X student at Challenger.

International School. Inspired by Sahayata Trust's CEO Syed Aneesuddin, Khaja wants to grow up to become a civil engineer, educate children in slums and take good care of them.

Ayesha Sultana is a Class VII student of Challenger International School and a resident of Challenger Home. Ayesha dreams of growing up and helping more people see this beautiful world. She wants to become an eye specialist and treat the poor.

Apart from these children at Challenger Home, Sahayata Trust helps underprivileged students pursue an education in medicine.



WINTER RELIEF & CLOTHING

Sahayata Trust started relief work in areas affected by the harsh cold weather. The trust provides them with warm winter packages to save those suffering from the severe winter season.

OBJECTIVES OF THE PROJECT:

- To save the affected families in concerned areas and underprivileged people from the harsh winter season.
- To protect the affected people from the diseases caused by harsh weather and provide better employment opportunities.
- To minimise the sufferings of winter affected communities of Northern India.

WINTER PACKAGE DETAILS:

The following items are included in the winter package for each individual.

WINTER PACKAGE

- Blanket
- Sweater
- Winter woollen cap or muffler

IMPLEMENTATION

- Field survey and identification of most vulnerable beneficiaries
- Procurement of winter package and transportation to various
- Distribution of items to beneficiaries

7,000 BLANKETS | **5,000** CLOTHING

TOTAL \$38,787 (₹ 2,886,372) WERE SPENT FOR WINTER RELIEF



FINANCIAL SUPPORT FOR MARRIAGES

Sahayata Trust financially supports orphans and needy individuals seeking to get married.

SOME OF THE BENEFICIARIES

Shukoor, a poor lady, arranged her daughter's marriage but could not arrange the money for the expenses. Sahayata Trust financially supported her with \$672 (₹50,000).

P. Ravi Kumar requested Sahayata Trust to support him for his daughter's wedding. Sahayata Trust supported him with the requested amount.

78 MARRIAGES

were supported by
Sahayata Trust
in the year 2020





EMERGENCY RELIEF

The Natural and
human-made
disaster

India is one of the most disaster-prone countries in the world. The country's geographical features render it vulnerable to many natural hazards such as cyclones, drought, floods, earthquakes, fire, landslides and avalanches. Natural disasters and pandemics take a toll on the economy and the population's health.

Sahayata Trust's emergency relief team visits the affected areas and provides relief and rehabilitation to the victims by distributing warm meals, grocery kits, and a hygiene kit. The teams also rehabilitate those affected by repairing and building homes and re-establishing small businesses.

HOW DOES THE TEAM APPROACH?

The team always follows three A's

Access: The team requests the authorities to allow access to affected areas to help the victims.

Assess: The team assesses the situation, the losses incurred by the victims and the immediate basic requirements. The required resources are then allocated, and supplies are purchased.

Assist: After receiving the resources, the team distributes it among the victims.

DELHI RIOTS

Sahayata Trust assisted the needy in the following ways



FINANCIAL ASSISTANCE PROVIDED TO A WOMAN

Mrs. Shakeela was under a severe financial crisis due to the lockdown. Her husband was employed in a factory, which was shut down due to the lockdown imposed post the outbreak of Covid-19. He was diagnosed with Asthma and was incapable of doing any manual labour. The family of 5, living in a rented house, endured severe hardships. The family had three school-going children, so they could not earn a living. The responsibility of taking care of her husband and children, paying the rent and medical bills of her husband, and securing food fell on Shakeela. Sahayata Trust learnt about her distress and decided to provide her with the financial assistance to set up a shop at her home. About \$1,061 (₹79,000) was provided to set up her business. The business will make her independent and help her deal with financial burdens while caring for her husband and children.



COVID-19 & RAMZAN ECONOMIC RELIEF

OVERVIEW

Due to the Covid-19 pandemic and the lockdown imposed to control it, people are amidst a financial crisis because of unemployment and health issues. Slum-dwellers and daily labourers are the worst-hit as most of them have been left jobless due to the pandemic's financial impact. In such times, Sahayata Trust's efforts focused on identifying those in need providing grocery kits, medicines and PPE kits to them.

COVID19 IMPACT

Unemployment

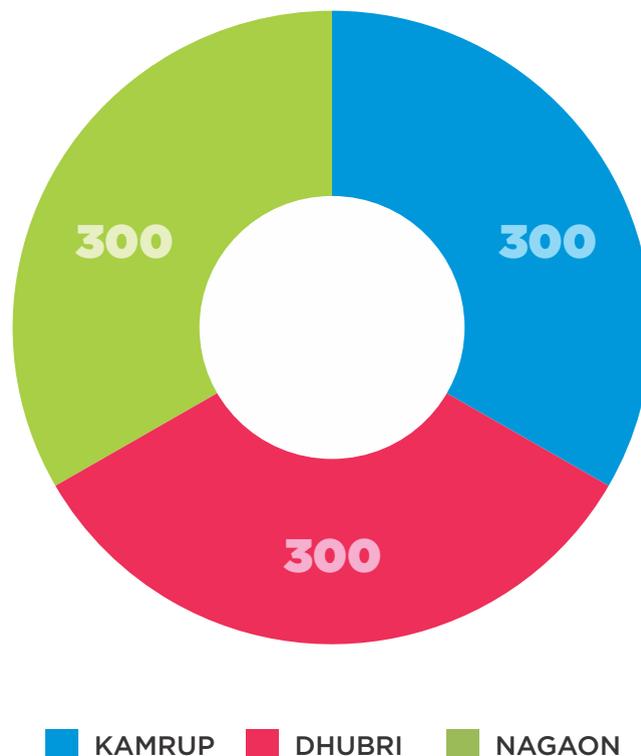
During the lockdown, an estimated 14 crore (140 million) people lost employment, and many others took pay cuts. More than 45% of households across the nation have reported an income drop compared to the previous year.

Impact on health

Covid-19 pandemic has affected people physically and mentally. Many people stopped visiting hospitals, with the fear of getting infected by the virus. COVID-19 is affecting people's socialising pattern, their trust in society and institutions, as well as jobs and incomes. It has also caused widespread anxiety. Shortage of medical supplies has impacted people with various conditions.

Relief work in Assam slums

Sahayata Trust reached the slums in Assam to help those people in need. Dhubri (Chapar), Nagaon(Juria) and Kamrup (M) are the areas in Assam where most of the daily labourers reside. Sahayata Trust provided grocery kits to the poor and organised a 'feeding program' over two days in these three districts.



SOME OF THE BENEFICIARIES

Noor Banu, a childless widow and domestic worker from Kandhulimari village in Nagaon, was looked after by her brother working as a daily labourer in Kerala. Due to the lockdown, her brother could neither return home nor send any money to her. She had no income and had been on an empty stomach for two days when Sahayata Trust's team reached her. The relief team provided her with grocery items for two month's use.

Sokina Khatun, a 70-year-old, breast cancer patient from Kandhulimari village in Nagaon, is taken care of by her three sons working as daily labourers. Due to the lockdown, they were unemployed and had to use their meagre savings for her treatment. With no one to help them, they were facing severe food shortage when Sahayata Trust came to their help and relieved their anxiety by providing groceries.

THE IMPACT OF COVID-19 ON MIGRANT LABOURERS

As a result of the Covid-19 and the subsequent lockdown, many migrant labourers have lost their jobs and are affected immensely. They have no means to return to their native towns and no alternate sources of income, resulting in starvation.



SAHAYATA TRUST'S ASSISTANCE TO MIGRANT LABOURERS

Sahayata Trust in association with Tech Mahindra Foundation held the food grains distribution program to migrant labourers on 24-08-2020 in the Labor Camp, Gopanpally, Gachibowli, Hyderabad. Here food grains were provided to the labourers to help combat hunger.



SAHAYATA TRUST RELIEF MEASURES

RAMDAN 2020 RELIEF

- 23,000 Large grocery kits
- 10,000 Medium grocery kits
- 6,000 Fitra kits
- 1,000 Iftar kits

EXPENSE BREAKDOWN

- \$575K, costing \$25 each
- \$100K, costing \$10 each
- \$60K, costing \$10 each
- \$10K, costing \$10 each

COVID-19 RELIEF

- 327,115 Cooked meals

327,115 Cooked Meals were served to people across Slums, Orphanages, Mutts, Hospitals, Highways etc.

Each meal costs \$0.25

- 76,856 Grocery kits

76,856 Grocery Kits were given to people all over India. The kit will help a family of 4 to survive the lockdown.

Each kit costs \$8

- 6,031 Medicines

After a doctor's verification of the prescription, medicines, oxygen cylinders etc. were home delivered to 6,031 homes.

Each kit Costs \$8

- 6,215 PPE Kits

Masks and Sanitiser kits were provided to Medical staff at hospitals, schools, and Sahayata Trust units.

Each kit costs \$2

- Support for Teachers - \$144,160

About 3 Million Teachers have not received salaries from March 2020. They need support for survival. IMRC has supported 1696 such Imams and Teachers till date costing \$85 per person.

- Medicines & PPE- \$69,409

After a doctor's verification of the prescription, medicines, oxygen cylinders etc. were home delivered to 6031 homes. Masks and PPE kits were provided to 6215 people. Medicines & PPE Kit Costs approximately \$10

- Cooked Meals-\$108,079

327,135 Cooked Meals each meal were served to people across Slums, Orphanages, Mutts, Hospitals, Highways etc.

- Grocery Kits-\$614,850

76,856 Grocery Kits costing \$8 each were given to people all over India. The kit helped a family of 4 to survive the lockdown.

TOTAL BENEFICIARIES - 762,347 | TOTAL AMOUNT SPENT - \$1,681,498



BENEFICIARIES IN 20 STATES

ANDHRA PRADESH | ASSAM | BIHAR | CHHATTISGARH | DELHI | GUJARAT | HARYANA
JHARKHAND | KARNATAKA | KASHMIR | KERALA | MAHARASHTRA | MANIPUR | ODISHA
RAJASTHAN | TAMIL NADU | TELANGANA | UTTAR PRADESH | UTTARAKHAND
WEST BENGAL



BIHAR FLOODS

OVERVIEW

Every year, floods wreak havoc in Bihar. In the year 2020, 754,000 hectares of agricultural land was destroyed, 8,362,451 people were reeling under the deluge's impact, in 1,333 panchayats of 130 blocks 27 deaths were reported. The most affected districts were Sitamarhi, Darbhanga, Muzaffarpur, East Champaran, Samastipur and Saran. They had been facing flood-threats due to surging water levels in the Gandak, Boorhi Gandak, Bagmati, Lakhandei rivers, and the Adhwara group of rivers. The pressure from floods also destroyed half a dozen embankments along the Gandak and Boorhi Gandak rivers.

SAHAYATA TRUST'S ASSISTANCE

48,000 MEALS

100 BLANKETS

60 HOUSE

CONSTRUCTED

50 MORE HOUSES

NEED TO BE CONSTRUCTED



AMPHAN CYCLONE

WHAT IS AMPHAN CYCLONE?

Cyclonic Storm Amphan is a tropical cyclone that caused extensive damage in Eastern India, Bangladesh in May 2020. West Bengal was the worst affected with South 24 Parganas and North 24 Parganas reporting widespread damage and loss. Specifically, Sunderbans Police District in South 24 Parganas was hit badly.

DAMAGE CAUSED BY AMPHAN CYCLONE

Lakhs of houses were damaged; a few mud houses were completely demolished. Thatched houses and homes with asbestos rooftops were razed to the ground in the storm, leaving those affected with no choice but to sleep out in the open. Low-lying areas flooded and crops in thousands of acres were destroyed.

OUR APPROACH

ACCESS

Due to the pandemic, many restrictions were imposed. Sahayata Trust's Emergency Relief Team took all required permissions from authorities.

ASSESS

The team assessed the situation and gauged, what could be done to best assist and provide services to those affected.

ASSIST

Subsequently, the team identified widows, single mothers, elderly, and disabled people, who were in dire need. They were provided with food, medical aid and help to reconstruct their toppled roof sheds authorities.

OUR RESPONSE

Many widows and disabled people, irrespective of caste and religion received help from Sahayata Trust. The team provided food and medicines on the ground while helping build houses that were destroyed. In the first stage, 124 full rooftop sheds were constructed. In the second phase, the repair and construction work on houses was completed. A total of \$61,154 (₹4,550,000) has been spent so far on the relief work. Out of this, \$47,041 (₹3,500,000) was spent on repair and construction of houses, \$13,440 (₹1,000,000) for groceries, and \$672 (₹50,000) on medical aid disbursed to chronically-ill patients suffering from heart diseases, diabetes, etc. As many as 260 houses have been constructed, and 495 families were provided with groceries

SOME OF OUR BENEFICIARIES

Chaira Gazi, a widow, aged 60, from Monirtat village, in South 24 Parganas district, made her living as domestic help. Her mud house was destroyed, and it's thatched roof was blown away in the winds. Sahayata Trust reached to her aid and helped put a roof over her head again.

Hapijul Molla, a 30-year-old disabled agricultural labourer, lived with his children in a mud house in South 24 Parganas district's Hogla village, As the house was destroyed during the cyclone, Sahayata Trust's team built a roof shed for him, and helped alleviate his worry for providing shelter for his family.

Nurjamal Molla, an aged person from Monirtot, was left homeless after his roofless house covered by an old tarpaulin fell apart during the cyclone. Sahayata Trust was able to build a house for him with a tin roof.

Mira Rani Sardar, a widow, residing in Hogla village who received the aid from Sahayata Trust was grateful to the relief team, for their secular approach and timely help.

Pairjan, a 70-year-old resident of Moujpur village in South 24 Parganas district watched helplessly as the cyclone destroyed his house. He had no means to survive until Sahayata Trust reached his aid and helped put a roof over his head again.

Mouluda, an aged woman from Moujpur village, is thankful to Sahayata Trust and blessed the relief team as they built her a new home after the cyclone destroyed her old residence. If not for Sahayata Trust, she would have been homeless, she said.

495 FAMILIES

GROCERIES

260 FAMILIES

HOUSE REPAIR AND
CONSTRUCTION WORK



ASSAM FLOODS

OVERVIEW

Assam, known for the Kaziranga wildlife sanctuary that is the home to the endangered one-horned rhinos, has intermittently been encountering floods since 2013. Even though it has become an annual occurrence, the year 2020 has been the worst of all. The state has been adversely affected by double disasters of the Covid-19 pandemic and cyclone Amphan. The Brahmaputra and Barak rivers, along with many tributaries, covers most parts of Assam. Assam confronted its first wave of floods this year during overwhelming rains in May.

DAMAGE CAUSED

The initial flooding began in May 2020 and destroyed harvests across five areas. Till July, the floods affected around 2 to 3 million people in 27 districts and had claimed 60 lives. The more significant part of the Kaziranga National Park and Pobitora Wildlife Sanctuary region were flooded, preventing animals from moving to higher grounds. According to Assam State Disaster Management Authority (ASDMA), more than 3,000 towns were by floods, 128,000 hectares of rural land were inundated and approximately 250 thousand people were affected, with almost 46,000 people losing their homes and living in 269 government shelters.

3K - TOWNS

2.5M - PEOPLE

128K - HECTARES OF RURAL LAND

SAHAYATA TRUST'S RESPONSE

Sahayata Trust in association with Rural Welfare Society, distributed 1,000 food packages to widows and vulnerable citizens residing in the main flood-affected areas of Dhubri and Kamrup (M). People residing in these areas belong to Assamese, Bengali and Nepalese communities. Their only source of income is Agriculture, was damaged by floods this year. Transport facilities to the villages are inadequate, and they can only be accessed by boats or by foot. Some villages lack a proper road linking it to other towns. Our team reached these villages with enough relief supplies by boat. Each package contained rice, lentils, oil, soap, toothpaste, sanitisers, sanitary kits and other essentials. WHO standards were maintained during these activities, including social distancing norms and usage of masks. The team members conducted awareness programs on Covid-19 to help people understand and follow safety norms.

AREAS

Kamrup (M) | Dhubri | Chandrapur | Chapar | Dimoria-Dispur LAC | Harkata | Barbila
Kathalbari | Tilabasti | Tetultola | Digarupar | Dowaguri | Bilbara | Jalikura

The packages were first distributed in the Kamrup (Metro) district covering the Chandrapur and Dimoria development block of Dispur LAC and villages under it like Barbila, Tilabasti, Digarupar, Bilpara and many more. The team then went to Dhubri district and conducted a 3-day distribution program covering many remote villages like Chapar, Harkata, Kathalbari, Tetultola and Dowaguri village of Ranganati Gaon Panchayat. On the last day, the team reached the people of Jalikura situated by the bank of Chompavati tributary.

TOTAL BENEFICIARIES

1,000 FAMILIES



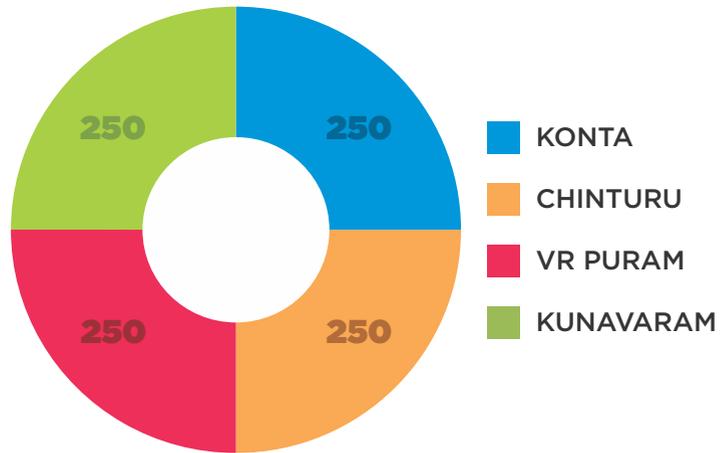
ANDHRA PRADESH FLOODS

OVERVIEW

The water from Sabari tributary of Godavari increased the volume of water in the Godavari causing floods in some districts of Andhra Pradesh. Three inter-state roads - Chintoor-Badrachalam (Telangana), Chintoor-Kunta (Chattisgarh) and Chintoor-Motu (Odisha) - were flooded with water, disrupting the transportation between Chintoor agency and other states. Around 6,000 people moved to relief camps in East Godavari and 2,000 in West Godavari as floods had destroyed their homes.

SAHAYATA TRUST'S RESPONSE

As soon as Sahayata Trust became aware of the flood victims' situation, the relief team reached the ground to support the victims of Chinturu, Kunavaram, VR Puram of AP and Kunta of Chattisgarh. About 250 grocery kits per district, overall 1,000 kits in 4 districts containing rice, oil, sugar, chilli powder, tamarind, turmeric, lentils, and salt were provided benefitting 4,000 people.



HYDERABAD FLOODS

OVERVIEW

Hyderabad recorded 199 mm rain on October 13, 2020, the highest ever recorded October rain in over 100 years. The authorities declared high alert in the city. It was a dreadful day for the residents of Hyderabad. Water gushed into homes, roads caved in, trees fell and blocked the road, many houses collapsed, valuable possessions washed away in the water. About 20 adults and a two-month-old child died and many were injured. Due to the rising water levels, 13 of the 17 gates of Himayat Sagar reservoir were opened, 30 cars and trucks were washed away. The one day rain caused an overwhelming loss to the entire city.

Damage Caused by floods

- 19 people including a two-month-old died
- Homes wrecked
- Homes submerged in water
- Businesses destroyed
- Medical issues due to stagnant water
- Vehicles and valuables washed away

SAHAYATA TRUST'S APPROACH

RELIEF & REHABILITATION | SHORT TERM RELIEF | BASIC AMENITIES

1,219 GROCERY KITS

500 CLEANING KITS

19,732 MEALS

2,933 PATIENTS

treated at 12 medical camps (mobile & stationary) set up especially for the flood victims

1,005 UTENSIL KITS

500 GAS STOVES

450 MATS

640 TONS

of waste was cleaned up from the streets. 16 JCB's, 160 Trucks and 90 volunteers worked for 8-9 hours daily

SAHAYATA TRUST'S APPROACH

RELIEF & REHABILITATION | LONG TERM RELIEF | BUSINESSES & HOMES

116 Grocery stores restocked

27 Pushcarts bought and restocked

16 Cycles for scrap vendors

29 Sewing machines repaired

27 Sewing machines bought

32 Auto's & Taxi's repaired

35 Fruits & vegetable shops and pushcarts restocked

30 Other small businesses rehabilitated

122 Electronic Appliances repaired

07 Homes repaired so far

441 Total Businesses rehabilitated

TOTAL AMOUNT SPENT

\$175,300 | **₹12.7M**





*Thank
you*

Though this year has been difficult for all, you cared about your fellow citizens. You have been the reason for satisfying someone's hunger. You have been the reason for someone's smile. Keep smiling and spread more smiles.

Support others.



**DONATE OR VOLUNTEER
AND BE A CAUSE OF SOMEONE'S SMILE**



DONATE



VOLUNTEER

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